



ICNA Relief

RAMADAN FOR KIDS

Activity Book



اللَّهُمَّ بَلِّغْنَا رَمَضَانَ

ALLAHUMA BALIGHNA RAMADAN

May this Ramadan be our best, inshaAllah



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WHAT IS ICNA RELIEF

ICNA Relief is an organization that helps out those who are in need around the country through our food pantries, health clinics, shelters and safe houses, disaster relief teams, refugee classes, and backpack distributions. We work hard to build healthy, happy, safe, and strong communities - all while making sure to please Allah and follow what Allah told us to do!

HOW CAN YOU JOIN IN AND HELP?

No matter how old you are or what your background or skills are, there is always something you can do to help! You can contact your local office and start your own sadaqah jars or help out with food distributions and toy and backpack drives. You can also help by completing coloring pages for a refugee child or a child living in one of our transitional homes to bring a smile to their face!

ALWAYS START
WITH BISMILLAH
AND END WITH
ALHAMDULILLAH



DUA FOR SUHOOR

Wa bisawmi ghadinn nawaiytu min shahri ramadan

I intend to keep the fast for tomorrow in this month of Ramadan

DUA FOR IFTAR

Allahumma inni laka sumtu wa bika aamantu wa
alayka tawakkaltu wa ala rizqika aftartu

Oh Allah! I fasted for You and I believe in You and I put
my trust in You and I break my fast with Your sustenance

RAMADAN CHECKLIST

6 Questions to ask ourselves

1

What are goals from past Ramadans that I have not been able to achieve yet?

2

At which hour of the day do I find myself most spiritually charged?

3

What are deeds that I can still do even when I am really tired and exhausted?

4

What are my three biggest distractions from doing more ibadah?

5

Do I find myself to be more motivated when I am alone or when I am around other people?

6

What are common excuses that I make and give when it comes to doing more ibadah during Ramadan?



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MY RAMADAN TRACKER

Day:

Iftar time:

Goal of the Day

Dua of the Day

Good Deed of the Day

Color in the stars for what you have completed

★ Fajr

★ I fasted today

★ Dhuhur

★ I read the quran

★ Asr

★ I made dua

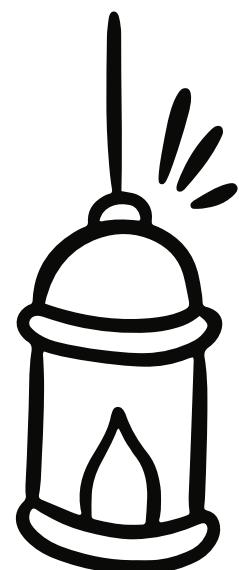
★ Maghrib

★ I went to the masjid

★ Isha



(fill in your own)





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RAMADAN GOALS

Stages of Ramadan:

Second ten days: Mercy of Allah (Rehmah)

Second ten days - Forgiveness of Allah (Maghfirah)

Final ten days (& Night of Power) - Safety from the Hell (Nijat)

WEEK ONE

Notes

WEEK TWO

Notes

WEEK THREE

Notes

WEEK FOUR

Notes



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QURAN TRACKER

Whether you read one juz a day or one ayah a day, keep track of your Ramadan Qu'ran reading goals by coloring a box in for each day that you read!

1

2

3

4

5

6

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MY GOOD DEEDS LIST

Ramadan is the 9th month in the Islamic year, it is the holiest many Muslims make a point of doing many good deeds during Ramadan , as the rewards are multiplied by Allah.

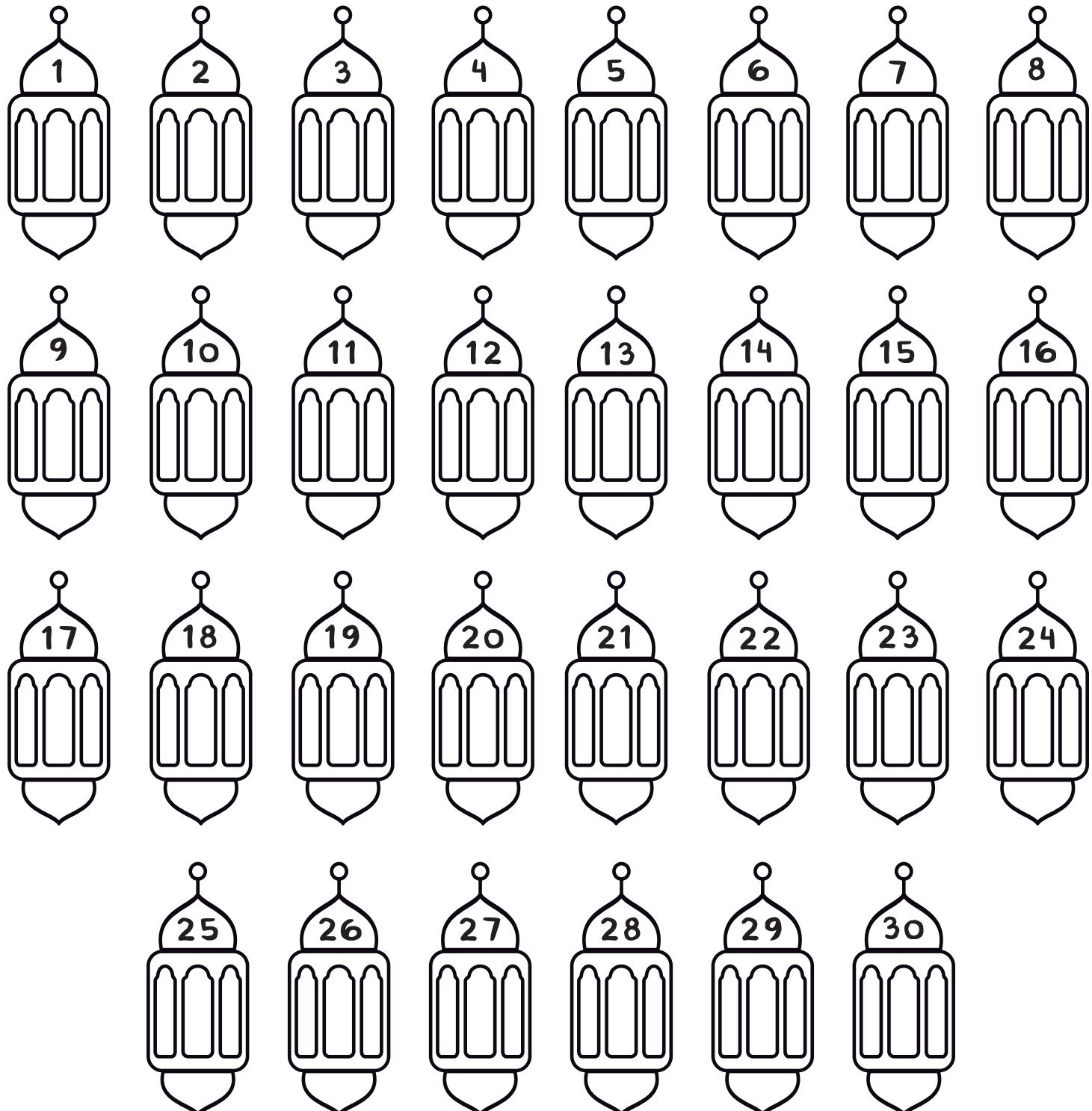
Make a list of 15 good deeds (acts of kindness) you can complete in this month of Ramadan, insha'Allah. Mark them OFF as each is completed.

<input type="checkbox"/>	1	_____
<input type="checkbox"/>	2	_____
<input type="checkbox"/>	3	_____
<input type="checkbox"/>	4	_____
<input type="checkbox"/>	5	_____
<input type="checkbox"/>	6	_____
<input type="checkbox"/>	7	_____
<input type="checkbox"/>	8	_____
<input type="checkbox"/>	9	_____
<input type="checkbox"/>	10	_____
<input type="checkbox"/>	11	_____
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<input type="checkbox"/>	13	_____
<input type="checkbox"/>	14	_____
<input type="checkbox"/>	15	_____



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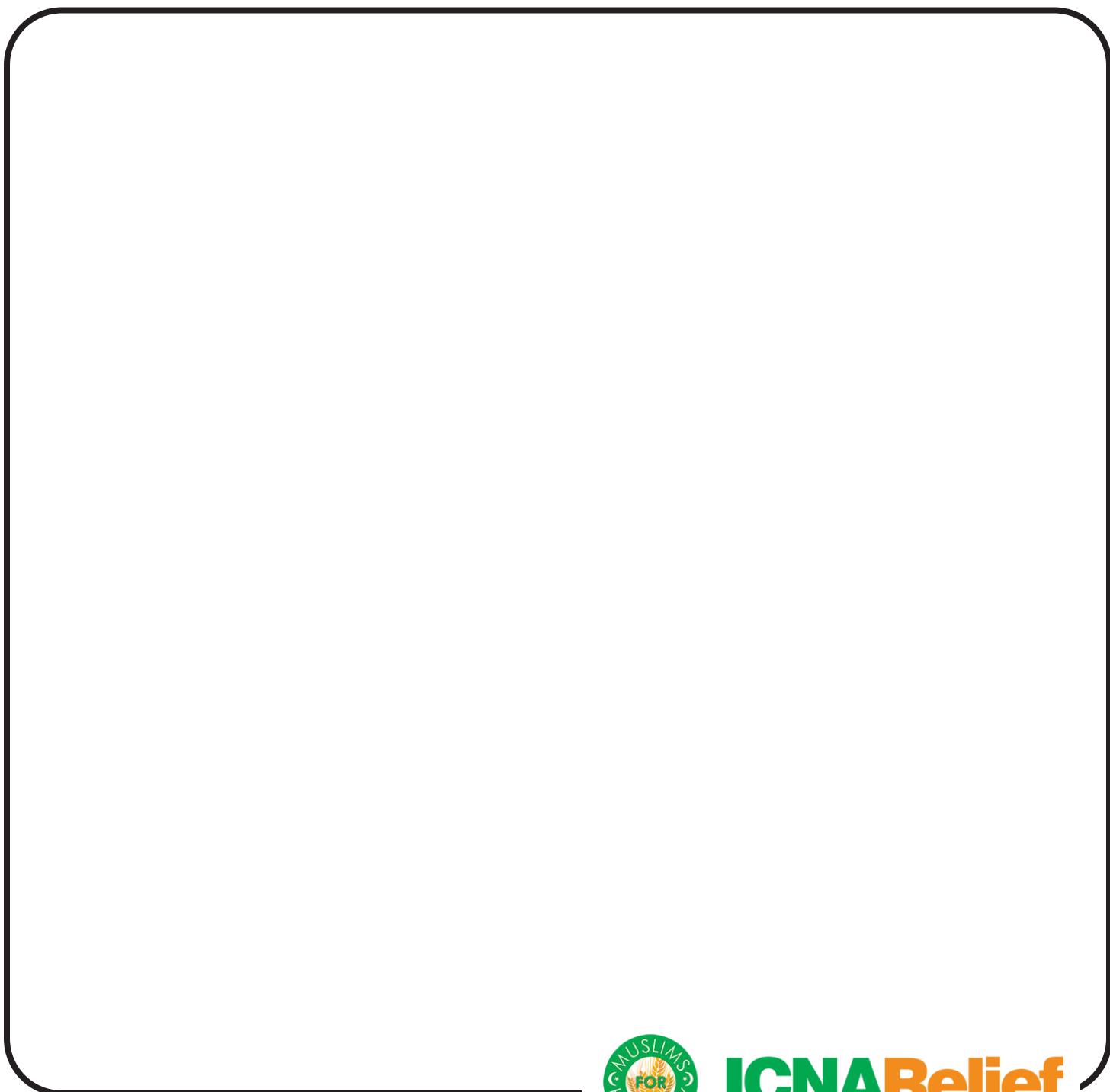
COUNTDOWN TO EID



Eid Mubarak!

MY RAMADAN

Everyone has different Ramadan traditions and practices, from what they eat for iftaar to how they make du'a and spend their day while fasting. Draw in the space below what your Ramadan looks like and what your favorite part of Ramadan is!

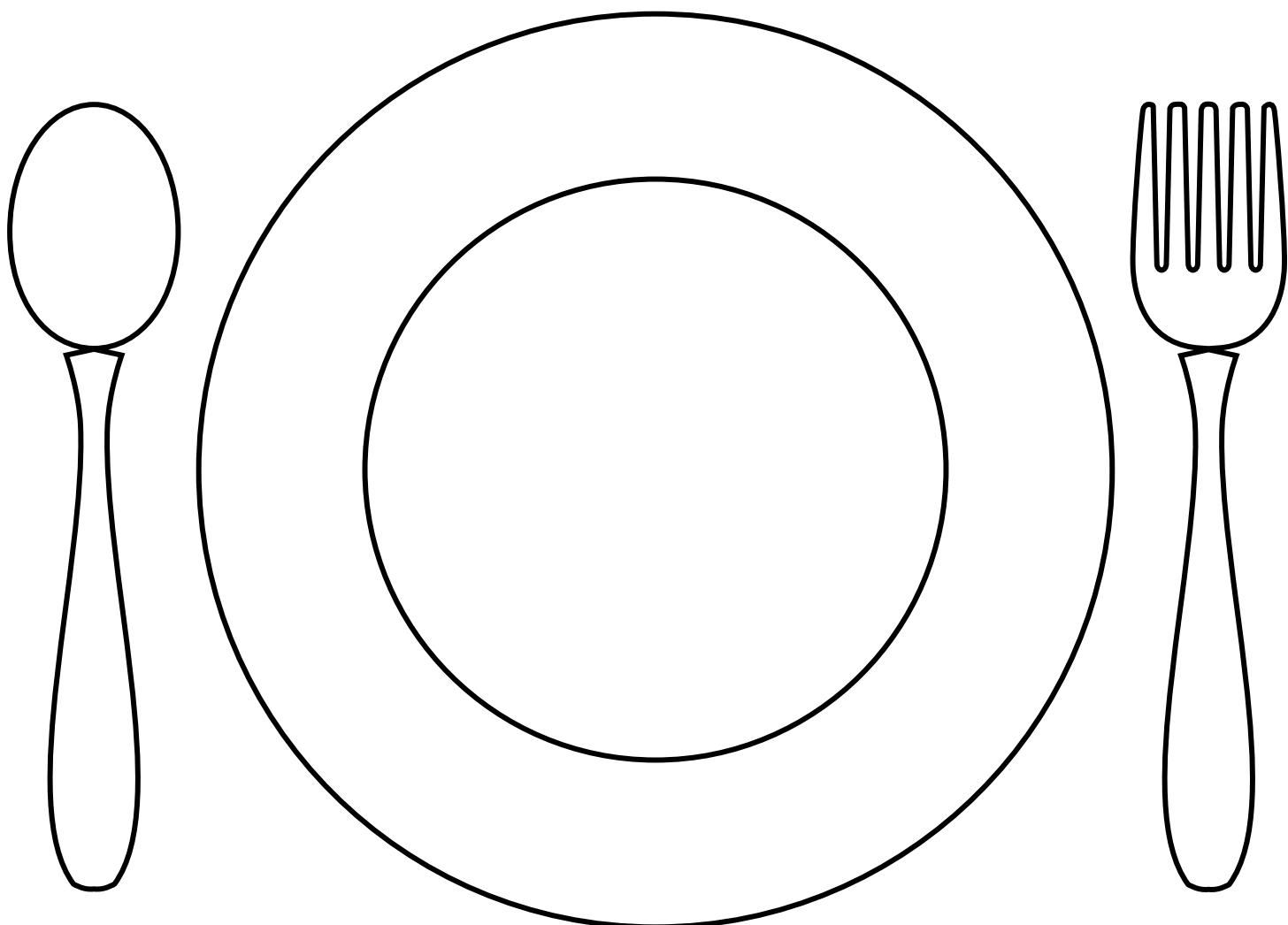


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**DRAW YOUR
FAVORITE MEAL
FOR IFTAR!**







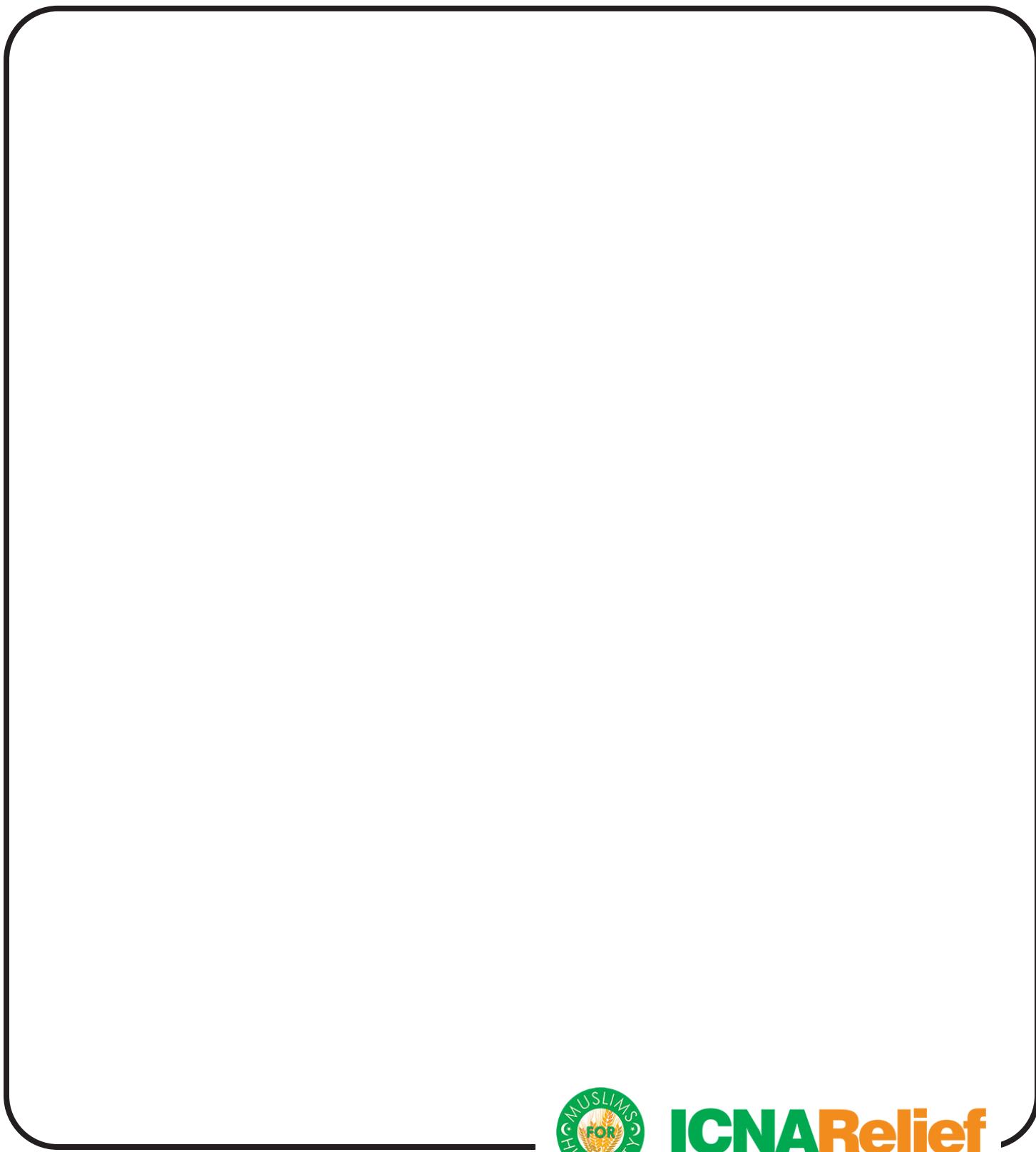
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DHIKR TIME!

SUBHANALLAH SUBHANALLAH SUBHANALLAH

MY FIRST DAY OF FAST

Draw or write in the space below how your first day of Fasting went!

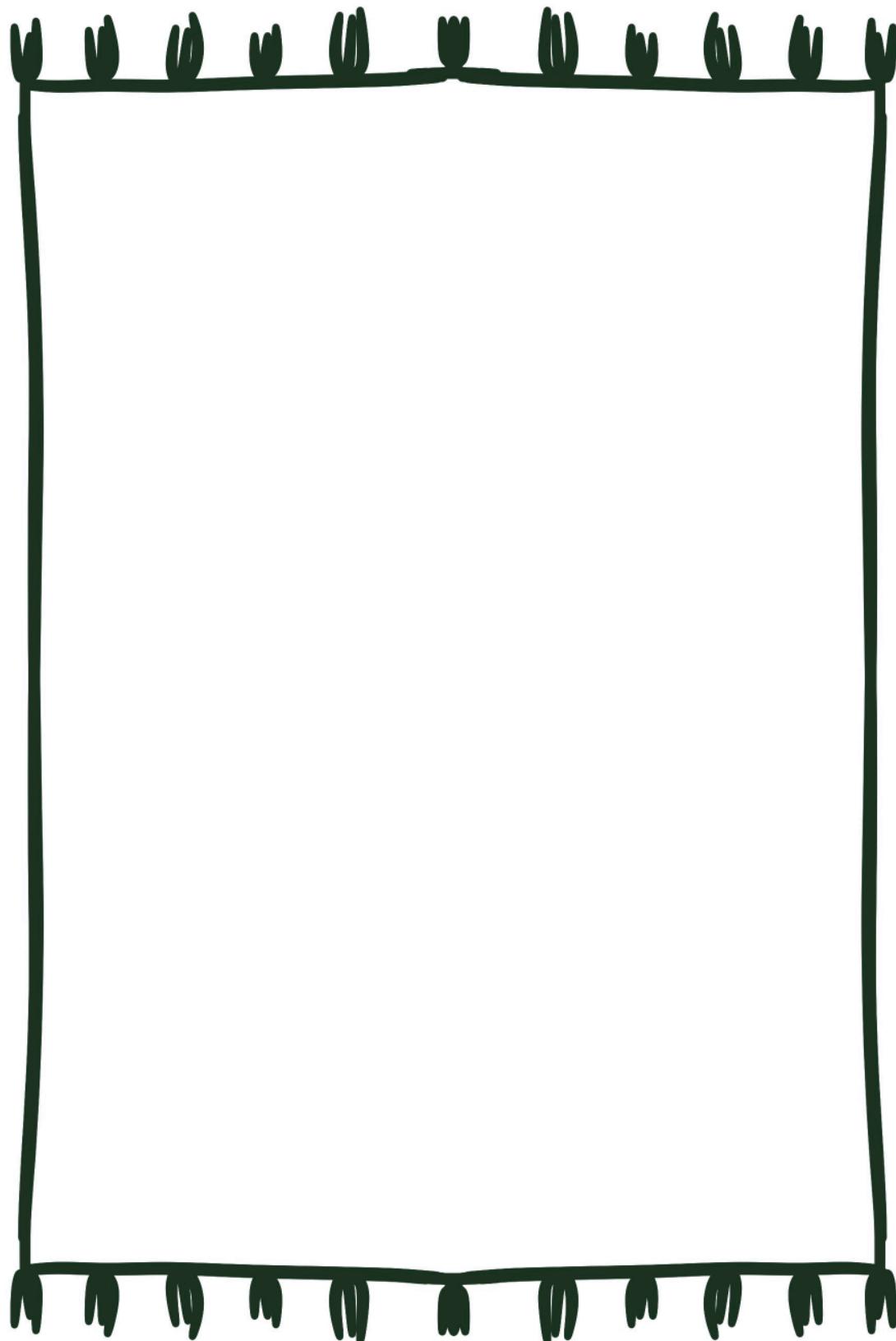


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**DESIGN YOUR OWN
PRAYER MAT**





RAMADAN SCAVERGER HUNT

Look around your house, try to find all of the items listed below. Cross each item off as you find it!

Quran

The Moon

Miswak

Dates

Hijab/Scarf

Prayer Rug

Zamzam Water

Prayer Calendar

Sadaqah Jar

Stars

Islamic Books

Kufi Hat

Eid gifts

Ramadan Decor



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**DONT FORGET
YOUR DHIHKR**



MY FAVORITE STORY FROM THE QURAN

The Qur'an is the holy book of Islam and is the written word of Allah in Arabic that was sent down to the Prophet Muhammad (SAW) by the Archangel Jibreel during the month of Ramadan. The Qur'an gives us lots of information about Allah and it also gives us lots of stories about the past prophets as lessons for us to live by in order to please Allah.

Write in the space below what your favorite story from the Qur'an is, and tell us why it is so important to you!

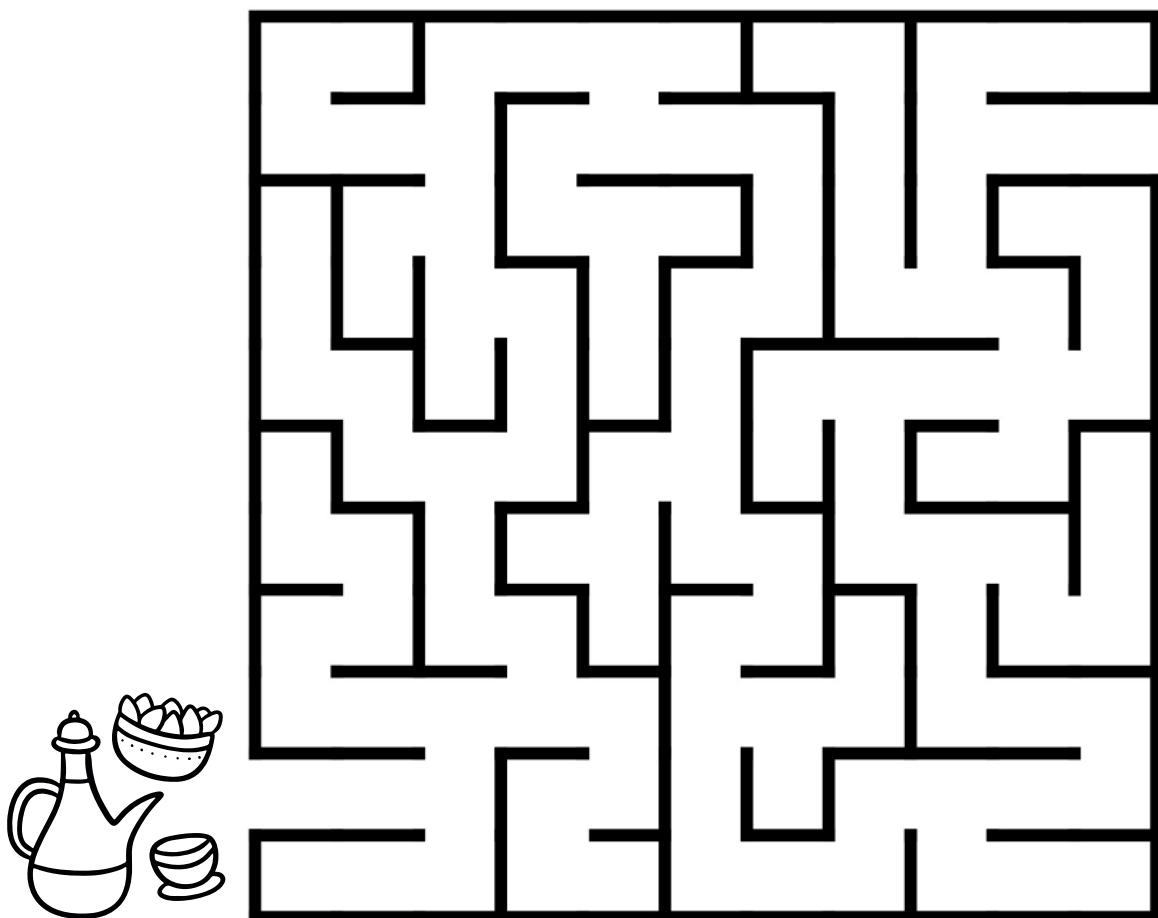


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Bilal needs your help to make it home in time for iftar!



WOMEN IN ISLAMIC HISTORY

words can go in any direction!



Zainab

Hafsa

Maryam

Amina

Hajar

Asiyah

Halima

Sara

Bilqis

Hawa

Fatima

Khadija

Aisha

Ruqaya

Um Khulthum



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DHIKR TIME!

ALHAMDULILLAH ALHAMDULILLAH ALHAMDULILLAH

MY DUAS FOR LAYLATUL QADR

Laylatul Qadr is a special night of blessings and prayers that falls in the last ten days of Ramadan. During Laylatul Qadr, any extra prayer or worship you do will be as though you prayed and worshiped Allah for 1000 months, SubhanAllah! In the space below, take the time to write down all the du'as you want to remember and make during the last ten nights of Ramadan in the hopes of them falling on Laylatul Qadr!



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DHIIKR TIME!

ALLAHU AKBAR ALLAHU AKBAR ALLAHU AKBAR

RAMADAN WORD SEARCH

Words can go in any direction!



Ramadan

Taraweeh

Fitra

Zakat

shahada

Salaat

Dhuhr

Maghrib

Suhoor

Iftar

sadaqah

Asr

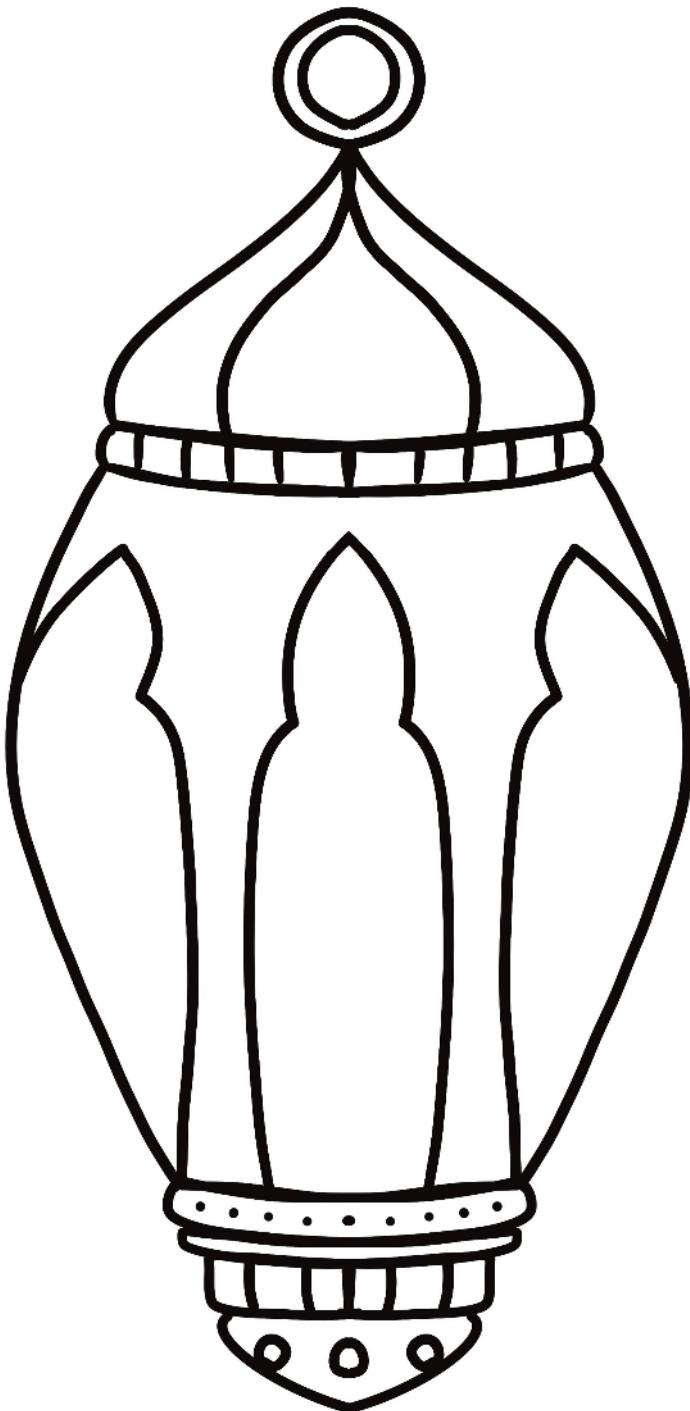
Sunnah

Fajr



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DESIGN YOUR OWN RAMADAN LANTERN

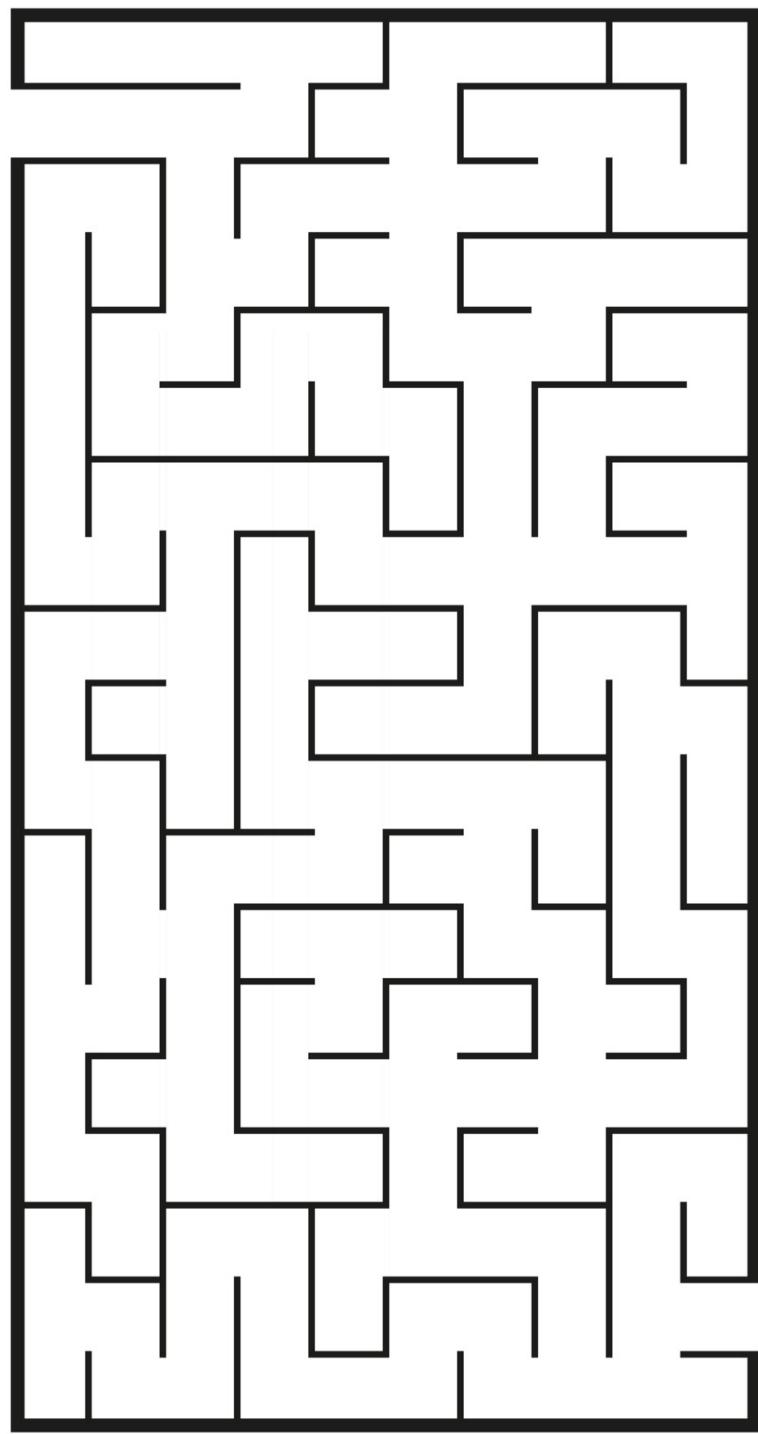




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It's almost Eid!

Will Khadija make it to the masjid in time for Eid
prayers this year? InshAllah (with your help)!



MY EID WISHLIST

Something I want:

-
-
-
-

Something I Need:

-
-
-
-

Something to Wear:

-
-
-
-

Something to Read:

-
-
-
-

Something to Do:

-
-
-
-

One thing I would
really LOVE

-



CERTIFICATE OF FASTING

is presented to

For Fasting _____ days
during Ramadan 1444 / 2023

Date

Signed
Parent or Guardian



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is presented to

For Fasting _____ days
during Ramadan 1444 / 2023

Date



Signed
Parent or Guardian