



**ICNA**Relief

2022

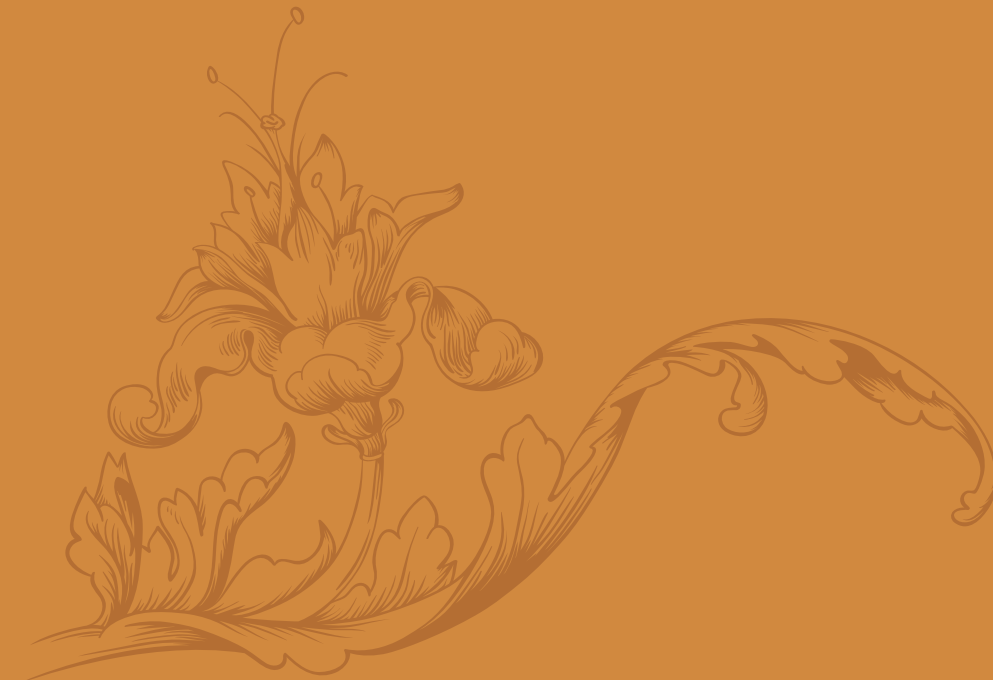
# IMPACT REPORT





The most beloved  
people to Allah are  
those who are most  
beneficial to people

**PROPHET  
MUHAMMAD**  
(Source: Al -Mujam Al-Awsat)

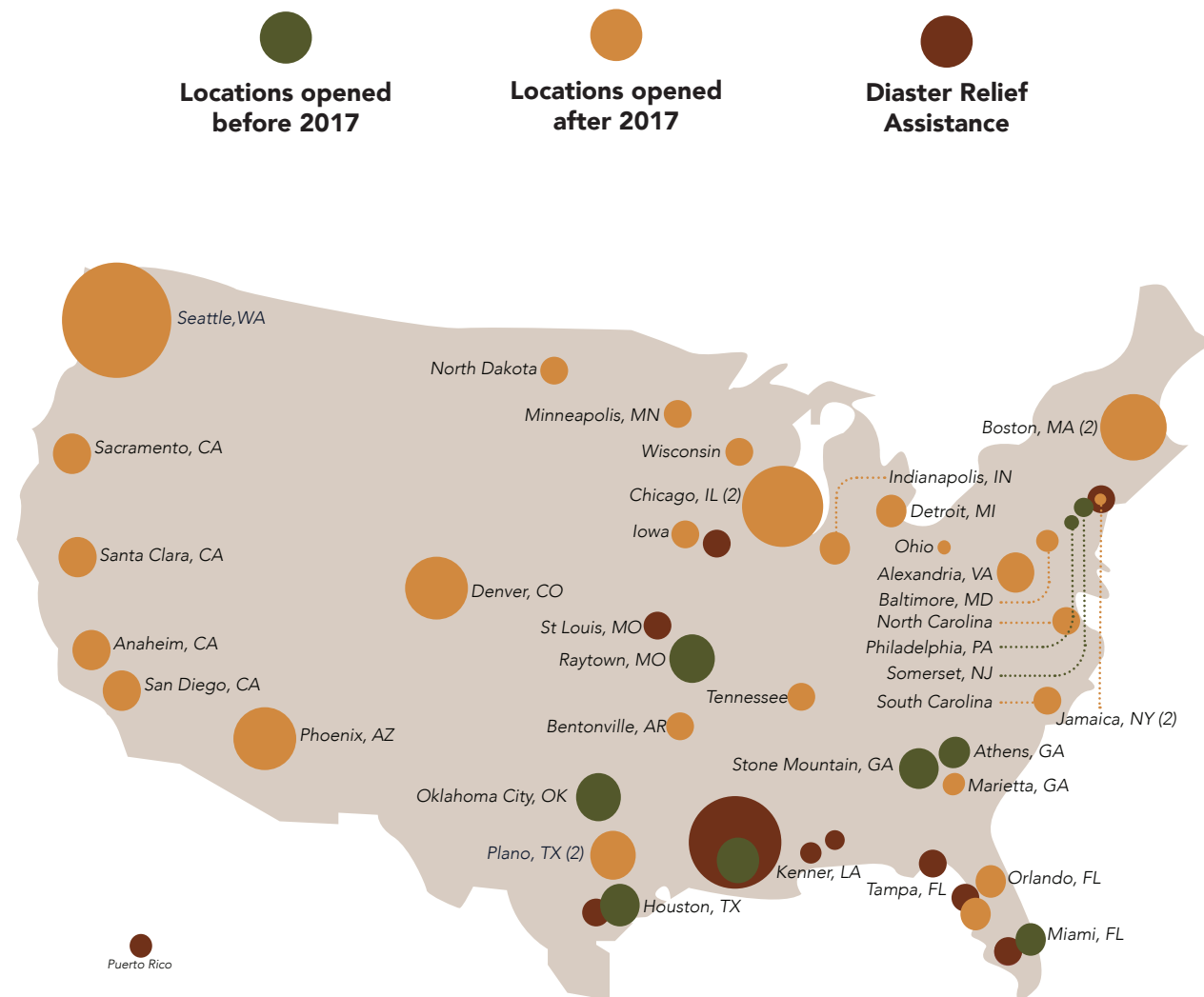




# Five Year Impact

## Our 2017 - 2022 Journey

Locations refers to any of our general offices, women's transitional homes, food pantries, or health clinics



**5.2 Million people served in the last 5 years!**

ICNA Relief makes the most of your contributions. These numbers are not only statistics, but represent people you've impacted.

# Your Impact in 2022

Individuals served through each program:



**951,938**

Hunger Prevention



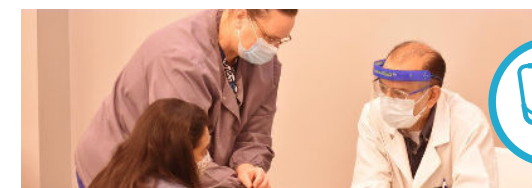
**81,264**

Muslim Family Services



**50,120**

Back2School



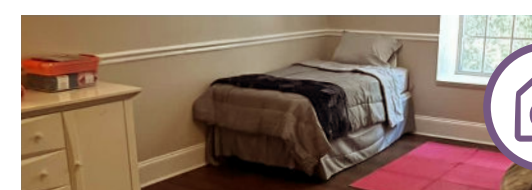
**21,403**

Health Services



**9,178**

Disaster Relief Services



**273**

Women's Transitional Housing





# A Message from the CEO

## In the name of Allah, the Most Gracious, the Most Merciful

On behalf of the team at ICNA Relief and our beneficiaries, I extend my heartfelt gratitude for your generous donations and contributions throughout 2022. Your support has enabled us to provide much-needed relief services to those in need, and we are deeply grateful for your commitment to our mission of making a meaningful difference in the lives of those we serve.

As we reflect on the year 2022, we must remember the lessons we have learned and continue working towards building stronger communities for ourselves and future generations. We can draw inspiration from the wisdom of our Prophet Muhammad (peace be upon him) and his companions, who, when faced with injustice and persecution, sought to establish a just and balanced society in the city of Madinah. Upon arrival, the Prophet's first advice was to spread peace, feed the hungry, strengthen kinship ties, and connect with God through sincere worship.

At ICNA Relief, we strive to follow this guidance through our various services, including shelter homes, hunger prevention, disaster relief, educational support, refugee assistance, free clinics, counseling, and mentoring workshops. We offer a platform for you and your family to put these principles into practice and make a positive impact in your community.



*Maqsood Ahmad*

**Maqsood Ahmad**  
Chief Executive Officer



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## Testimonial

“I want to thank you [donors] for allowing me to get around, to feel safe, and enjoy the convenience [of a vehicle] and improve my life”

-Transitional House client and car donation recipient.

# Board of Directors

Muhammad Arif *Chairman*  
Haider Imam  
Hashim Badat  
Abdul Latif Azom  
Najm Haq  
Hanif Haris  
Durre Shawar Aziz  
Amin Jibril  
Junaid Ahmed  
Muzaffar Hussain  
Aleem Uddin  
Mansoor Syed



# Executive Council



### C-Suite Members

Maqsood Ahmad *CEO*  
Abdul Rauf Khan *COO*  
Altaj Ilyas *CFO*  
Amir Saeed *CIO*  
Hammad Shaheer *CAO*

### Executive Members

Amber Haque *Director of Muslim Family Services*  
Arshad Jamal *Director of Northeast Region*  
Imam Rafiq Mahdi *Director of Disaster Relief Services*  
Khalid Memon *Director of West Region*  
Malika Rushdan *Director Transitional Homes*  
Muhammad Zahid Hussain *Director of Hunger Prevention*  
Reshma Khan *Director of Health Services*  
Saima Azfar *Director Back2School Program*



# Hunger Prevention



ICNA Relief has been pioneering the Hunger Prevention Program since 2005 across the nation. Following Allah swt's ordinance to feed those in need, ICNA Relief has developed key public food-assistance services to raise awareness of the national hunger epidemic.

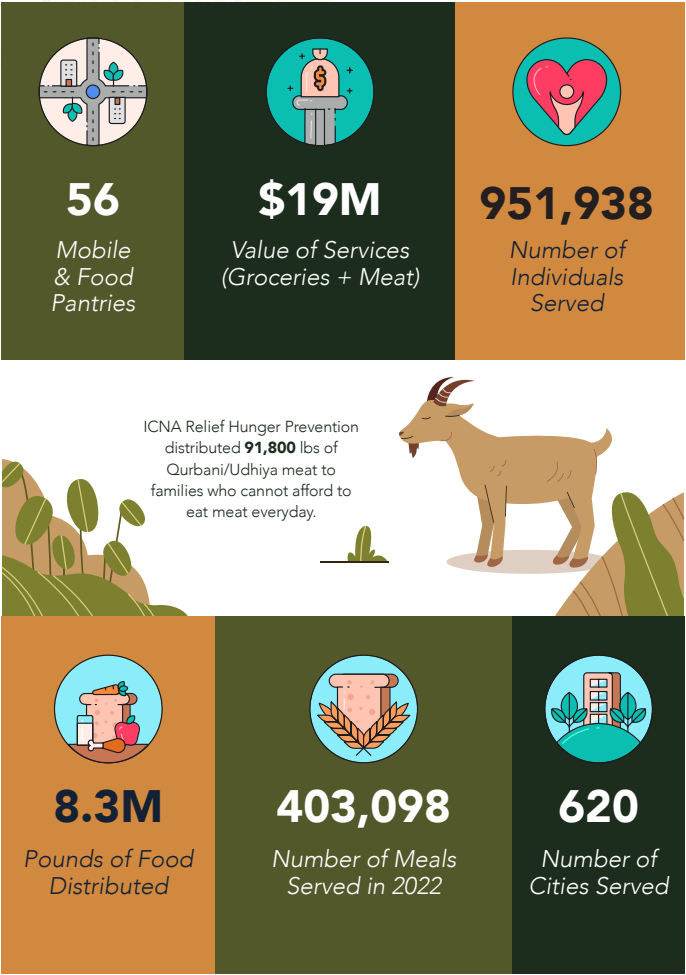
The program deploys programs like the Ramadan Food Boxes, Iftar Distribution Program, Udhiya / Qurbani meat distribution, and Mercy On Wheels.

Our Hunger Prevention programs have been instrumental in providing support to hundreds of single mothers, senior citizens, refugee families, homeless, and other local community members.

In the last two years, ICNA Relief has worked relentlessly with the USDA, Congress, and networks of leading food banks across the nation to provide guidance and expertise on expanding halal food options through the emergency food assistance program (TEFAP). Our ultimate goal is to expand the number of halal protein options in the program.

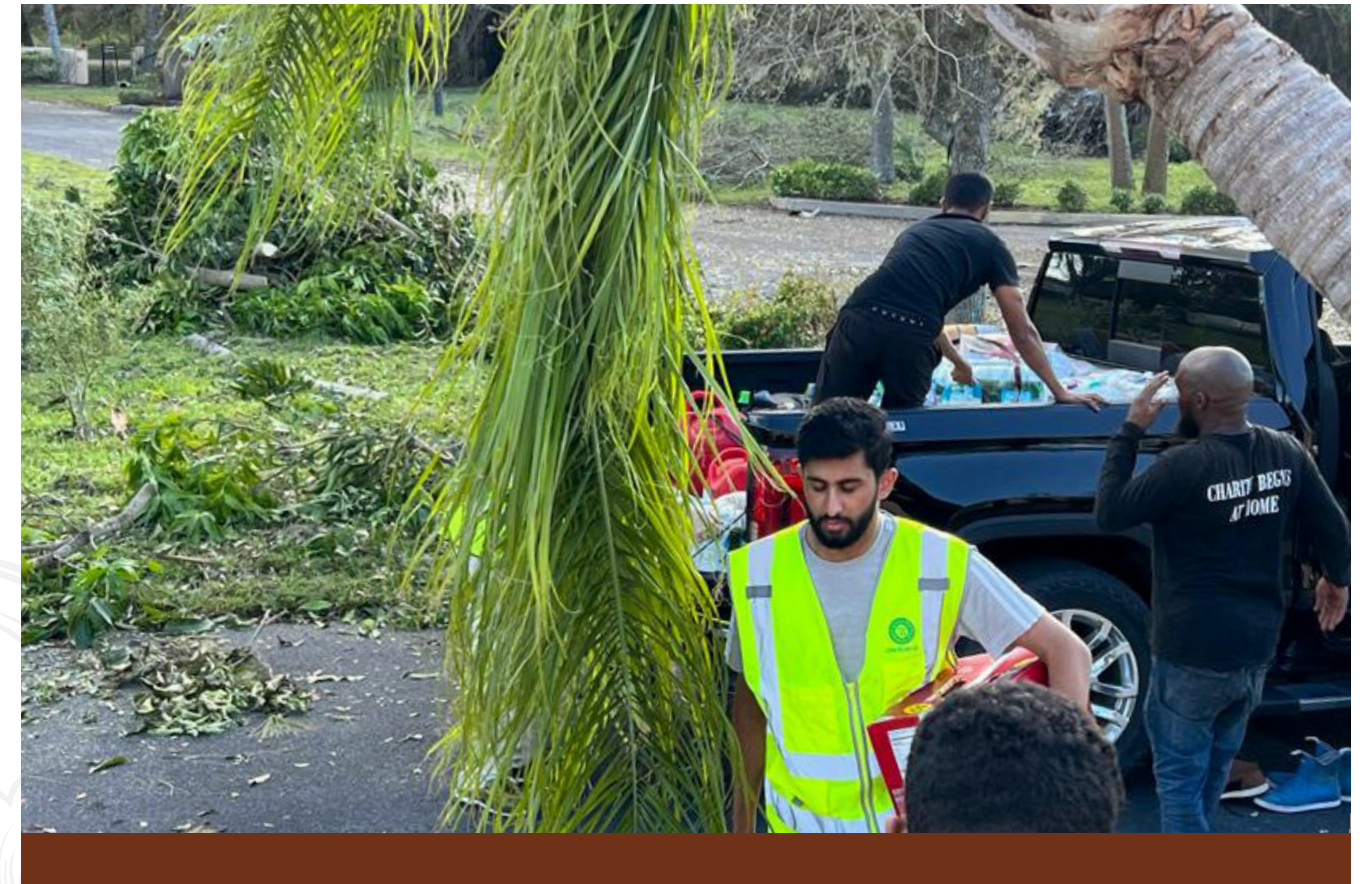


Director of Program  
**Zahid Hussain**





# Disaster Relief



Disaster Relief Services are at the core of ICNA Relief's values. Since 2005, ICNA Relief's DRS team has responded to over 75 disasters. Every year, hurricanes, tornadoes, flooding, fires and other disasters impact the lives of our fellow citizens throughout the United States. Our mission of serving humanity with sincerity, compassion, and sacrifice has established ICNA Relief as the face of the Muslim community in domestic disaster relief.

ICNA Relief has partnered with other NGOs, such as NVOAD, Salvation Army, and American Red Cross, as well as local, state, and federal agencies in disaster response, recovery, and case management. ICNA Relief's DRS team is committed to serving the needs of survivors of disasters regardless of race, creed, color, or gender. We rely on Allah, our faith, and our volunteers and supporters to carry out this mission.

In June of 2022, ICNA Relief Houston and DRS hosted a multi-agency conference to promote, communication and cooperation in-order to achieve better preparedness and resiliency in the face of disasters.



Director of Program  
**Imam Rafiq Mahdi**

Several governmental and non-governmental organizations were represented including FEMA, The City of Houston, TX VOAD, The Salvation Army, and several local Muslim organizations.

ICNA Relief Houston was recognized by The City of Houston for its work on behalf of disaster survivors.



## Our Impact

**9,978**  
Individuals  
Served

**2,226**  
Households  
Served



## Disaster Responded to

**2 Fires, 2 Hurricanes, 2 Winter Storms, 1 Flood, 1 Tornado, 1 Community Water Crisis**

**9 Disasters in 7 locations**



## Volunteers

**103** Volunteers Engaged  
**892** Volunteer Hours Utilized

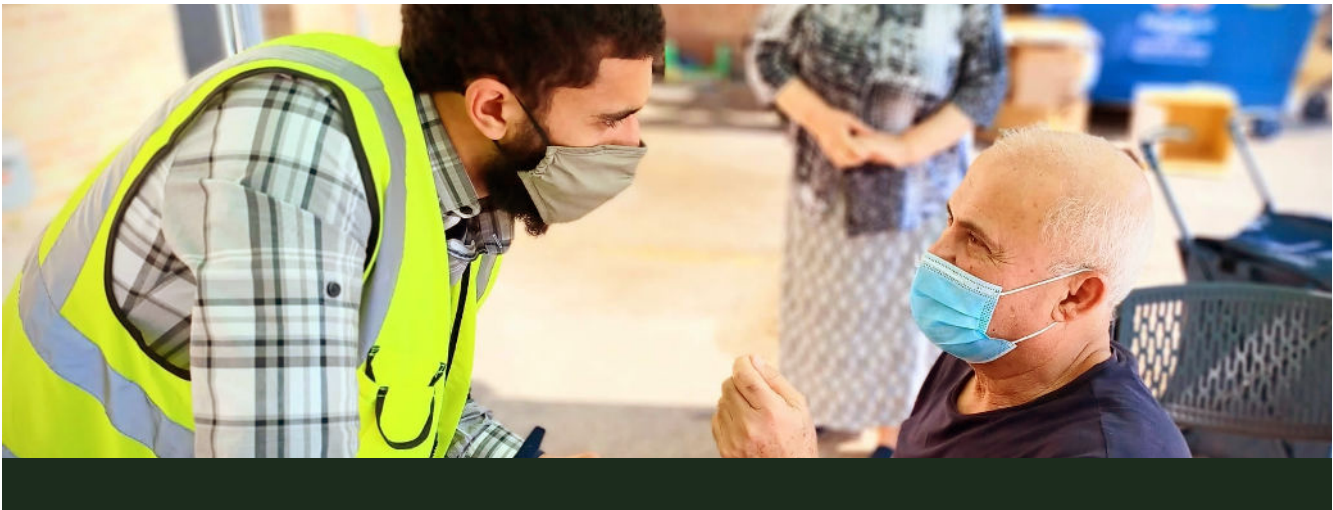


## Community Projects

**3** Rebuild Projects



# Health Services



ICNA Relief Health Services aims to address the rampant healthcare crisis in the United States. With over 30 million Americans medically uninsured in 2022, our goal is to provide comprehensive community- based, innovative and culturally competent health services, while addressing the social determinants of health.

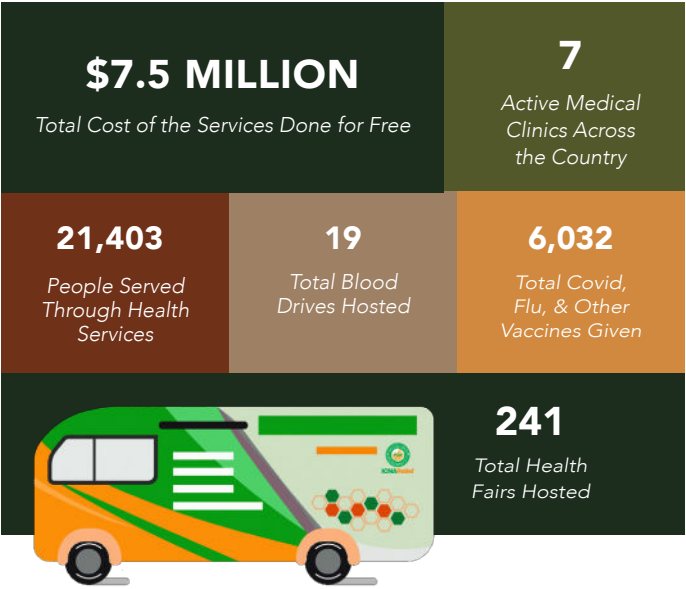
Our team is focused on providing free chronic and acute care through our 7 free clinics, and 4 mobile clinics. We offer various free services ranging from primary care, women's healthcare, to specialty clinics including cardiology, pulmonology, nephrology, vision, orthopedics and more. By providing free services at our clinics, we fill the vital role of being a safety net to the state's most vulnerable people. We also educate the next generation of providers through training opportunities and we hope to inspire them to serve underserved communities. This sincerity in service is applauded when HRSA selected ICNA Relief to help educate and vaccinate our community with COVID-19 vaccines. Through hard work and close community relationships, Health Services reached 840,000 in outreach and vaccinated 9,600 individuals in only 12 months.



Director of Program  
**Dr. Reshma Khan**

“Thank you so much for all that you have done. I have learned more here about not only medicine, but also about humanity... more than I have anywhere else.”

- Awrah Cuzon,  
*Medicine Student working with Shifa Clinic*



## 2022 Accomplishments

- Several of our clinics earned the Gold seal from the National Free clinic association for maintaining high quality standards.
- The South Carolina team has purchased a larger 5,000 sq ft. facility which will provide increased efficiency of work, serve more clients, and reduce operating costs.
- The Pennsylvania clinic secured a collaboration with the reputed Penn Medicine which has allowed expansion of services and hours.
- The California team began a pulmonology specialty services, one of the only free lung specialties in Southern California.
- The Texas clinic established a mock interview training program with local hospital program directors for future medical residents to pursue their goal of obtaining residency.
- Launched nationwide campaigns on breast cancer awareness and flu vaccine awareness.



# Muslim Family Services



Muslim Family Services offers a comprehensive set of programs using a holistic framework in our services. Our program has grown substantially from 2005 when we started serving refugee families in the US. In 2022 alone, we assisted more than 50,000 refugees with services like English language skills development, job placements, food pantries, rental assistance, and vehicles from our car donation program. We also provided furniture, household supplies, welcome packages, and cultural orientation. We serve refugees from Syria, Iraq, Afghanistan, Burma, Congo, Somalia, and Ukraine.

"ICNA Relief **counseling services** are provided by licensed mental health professionals in several states. We focus on individual, family, and group counseling to address depression, anxiety, trauma, relationship, and other issues. Our counselors provide psychoeducational programs and workshops on many issues addressing the needs of our communities. Our services are geared toward a culturally responsive framework serving people from all backgrounds. All counseling services are free and available to everyone. Two other programs are case management and limited financial assistance, offered to individuals needing the above services.



Director of Program  
**Amber Haque, PhD**

**“Not only does our community need these kind souls [ICNA Relief volunteers and staff], sadly, the community at large does, also.”**

*-Sharmina Zaidi, CASA Volunteer*



**81,264**

Total Number of People Served through MFS



**6,404**

Total Counseling Hours of Service



**5,551**

Total Number of Clients Counseled



**5,185**

Number of ESL Students



**16**

Clinical Counseling Locations



MFS services are provided in **25 States** and **236 locations**



# Refugee Services

ICNA Relief refugee services continue to serve refugees from various countries. We have distributed hundreds of free winter jackets, blankets, shoes, pajamas, hats, gloves, socks, and other winter apparel. We serve U4U Ukrainian clients through our resettlement program in partnership with LIRS. We provide services in the following areas: work authorization application, public benefits application, medical screening, school enrollment, referrals to employment programs, cultural orientation, mental health and legal assistance referrals, emergency housing support, daily new household supplies, kitchen supplies, cleaning supplies, and furniture distribution for new refugee families. Our signature ESL Program has served hundreds of students to learn English communication skills, including citizenship classes, and other tutoring for skills development.

In 2022, ICNA Relief organized the Refugees Roundtable Conference in Virginia, which was attended by 56 organizations agreeing for ICNA Relief to act as a bridge between different organizations to complement each other on resettling refugee initiatives. ICNA assisted in resettling the refugees with capacity building, and refugee status adjustment. The partnership between ICNA Relief and the Office of Refugee Resettlement (ORR) comprises representatives from public, private, and nonprofit organizations. This partnership aims to support newcomers and their families in attaining overall health and wellness by increasing awareness of community resources and accessibility to medical and behavioral health services.

We also developed other partnerships around the country, for example, the Stronger2 in Fairfax, VA, a community initiative to identify and implement best practices for improving health literacy to enhance COVID-19 vaccination and other mitigation practices among underserved populations. Stronger2 provides monthly evaluation, data collection, Quality Assurance, Trauma Informed Care, and Resiliency Training to our staff via learning circles and youth classes. ICNA Relief also hosted cultural orientation training and workshops throughout the country involving many local organizations and refugee communities.



Director of  
Refugee Services  
**Hala Halabi**



**58,367**  
*Refugees Served*



**1,489**  
*Refugee Homes  
Furnished*



**517**  
*Job Placements*



**28**  
*Vehicles provided to  
in-need families*



## Foster Care Advocacy, Training and Education

MFS has  
provided aid to  
**397** Children in  
Child Protective  
Services during  
the year 2022

Our Foster Care Advocacy, Training, and Education (FATE) Program, founded in 2017 in Dallas, has grown into other states with nine liaisons serving different regions of the country. This program aims to provide a safe home for every Muslim child in foster care. We connect children in foster care to Muslim foster homes and with mentors in our communities. The program also guides and supports foster families by connecting them to proper resources and assisting them on their journey to help children in need. In partnership with child welfare agencies, we assist unaccompanied minors who arrived from Afghanistan and provide service providers with religious and cultural competency training.



**23**  
*Families Helped*



**10**  
*FATE has been active in  
10 States*



**20**  
*Total Licensed Foster  
Families*



**14**  
*Total CASAs*



# Back2School

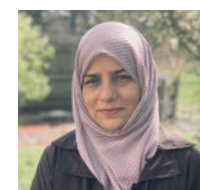


ICNA Relief's Back2School Program aims to make schooling more accessible. It's for students in need to ensure they can excel by providing support to students, parents, and teachers. This is done in the form of tools and resources, grants and funding, and educational seminars.

**Student Financial Assistance** is a financial aid grant that aims to help students and their families with Islamic education expenses such as tuition and fees, room and board, books and other coursework supplies. We envision an environment where parents have the means to enroll their children into any educational institute without having a financial burden.

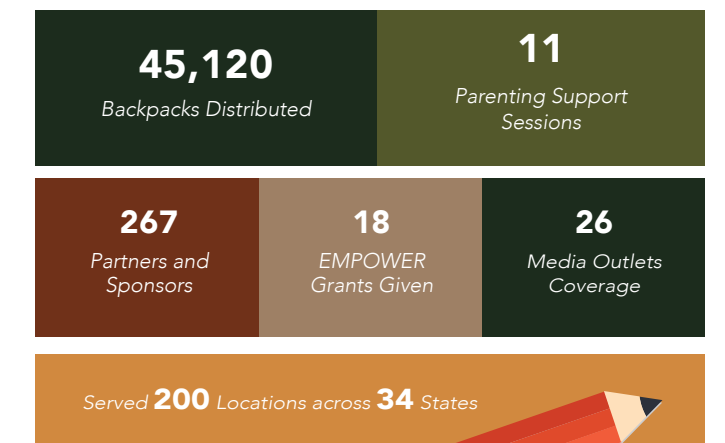
**The Empower Grant** aims to empower students and teachers to achieve greatness through education. Teachers are the backbone of the education system. The empower grant was created to provide teachers the resources needed that will facilitate the means to form a legacy of great students.

Our **Backpack Distribution** encourages low-income students to start the school year off with confidence and tools to thrive. We supply students with the essential school tools and devices to make the most of their year.



Director of Program  
**Saima Azfar**

Parents are one of the most important people in the lives of students which is why Back2School provides **Parenting Support**. We host monthly live sessions with well-known scholars and Muslim counselors to educate parents on current issues and concerns regarding the youth. When parents feel overwhelmed and unprepared for parenting challenges, we're here to lend a hand.

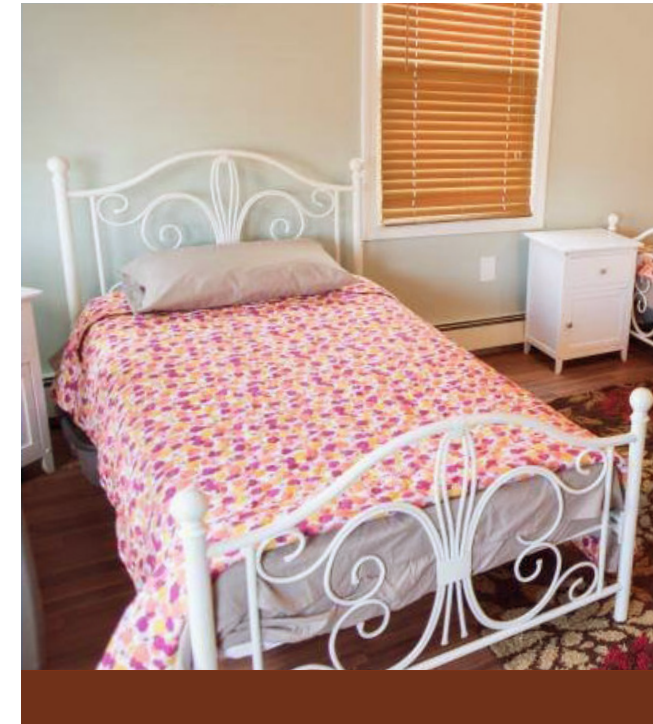


“ [Getting school supplies from ICNA Relief] makes easy for me. [I have] no additional money [to spend] aside from food, and house living. ”

- Parent at Back2School Event



# Women's Transitional Housing



**“I was alone, sleeping in my car with my children after my husband returned to Allah ”**

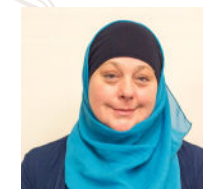
Like many of our clients, Sr Khadija came to the United States from Malaysia with her husband. Young newlyweds; they started their family here in America away from family and friends. Sr Khadija stayed home to raise their young children while her husband finished school and started his career. Unfortunately, Sr Khadija's husband was killed in an accident at work. After months of grieving, she found herself unable to support herself and her children and were evicted from the apartment she once shared with her husband. "I was alone, sleeping in my car with my children after my husband returned to Allah!!" - Sr Khadija.

A community member learned of Sr Khadija's situation and brought her and her children to ICNA Relief where she found caring staff and a safe place for her children to rest. Sr Khadija was able to heal and with the support of ICNA Relief's trained case managers, found the strength to begin a new life. She was able to participate in job training, secure employment and rent a small apartment for her children. Today, the family is safe but if it wasn't for ICNA Relief there is no telling what may of happened to Khadija and her children.

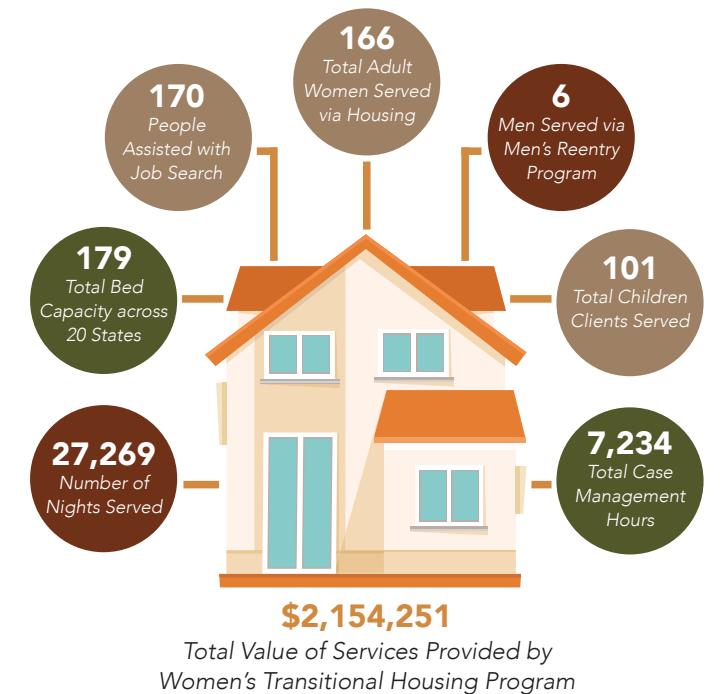
ICNA Relief operates one of the largest networks of Transitional Homes in the country. Our facilities were born out of necessity, providing temporary living accommodations for homeless women and their children since 2008. With the rise in homelessness and the lack of affordable housing, we have expanded across the country to ensure we are able to provide a safe alternative for those who find themselves homeless. ICNA Relief provides culturally sensitive case management in a halal environment which fosters healing and growth while our clients work towards self-sufficiency.

Additionally, ICNA Relief has adapted and expanded our program to include facilities specifically for survivors of Domestic Violence and our newest program Men's Reentry Program for men coming home from prison. ICNA Relief provides a home and a second chance for those in need.

With 24 facilities in total, ICNA Relief is vastly becoming the leader in the industry and is saving hundreds of lives on a yearly basis. With over 3,000 individuals served since inception, ICNA Relief's housing programs are changing lives.



Director of Program  
**Malika Rushdan**





# Community Reflections



**Shaykh Yasir Qadhi**

"I see that this organization is indeed interested in feeding the hungry, in helping the poor, in finding space for widows and orphans to live, in doing what our religion requires us to do."



**Ustaadh AbdelRahman Murphy**

"The only reason we can exist with some sense of confidence about our accountability with the people of need is because of ICNA Relief. ICNA Relief is helping us fulfill our obligation of zakat."



**Shaykh Omar Suleiman**

"I am a student of ICNA Relief, alhamdulillah. ICNA Relief is my heart and soul, ICNA Relief contributed to making me who I am today as a person. I owe this organization so much..."



**Shaykh Yaser Birjas**

"I have been with ICNA Relief for a long time now and especially during this pandemic, they've been reaching out to a lot of people... even areas we don't pay attention to like the uninsured people."



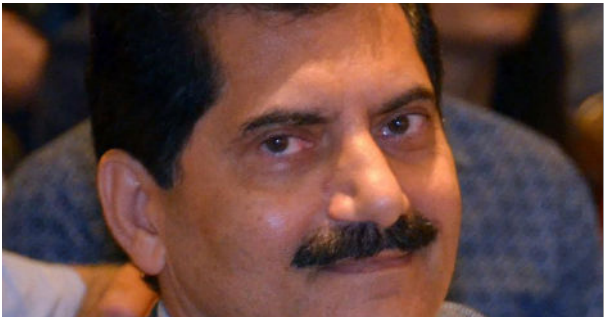
**Carlos, Patient at Shifa Clinic**

"I have been to many clinics, however, the Shifa Clinic has treated me very well and has given me the medications I need. They are very good people, which is why I continue in the clinic. Being diabetic has affected my everyday life. It has changed my life because if I did not have the support of Shifa, I would not know what to do, especially with insulin. For them, all my thanks and respect."



**Yonilda Mendez, ICNA Relief LA Volunteer**

"I am an ICNA Relief volunteer because it is a Muslim organization that provides help and collaboration to the entire community regardless of race, color or religion where in each volunteer that is carried out you feel like a family. For me Jenny is the person who is there when you need her... 24 hours a day."



**Dr. Sajid Chaudhary, APPNA Past President**

"Through our [ICNA Relief and APPNA] proud partnership, 44,422 people from small towns in rural America to homeless people in big cities received free medical services through 901 health fairs/medical camps in 30 states across the country including Puerto Rico with a value of services of \$6.7 million Alhamdulillah.

APPNA has also pitched in at times and will continue to support projects of ICNA Relief e.g hunger prevention, Refugee services to help our communities in dire need."



**Anna Maria Ramos, Texas State Rep.**

"I know what it is like to be in a food insecure house, so I know the importance of what [ICNA Relief is] doing here and the impact that it has on families. It's our job as parents and communities to let our children know that they're safe and protected... We are allies to parents and communities saying 'I see you, I stand with you, and were going to do this together'...I just want to thank [ICNA Relief] for the great work that you're doing not just here in Dallas, but around the country."



# Our Volunteers. Our Strength.

Seven Thousand and Eighty Seven (7,087) Volunteers Strong.





# Zakat

Zakat is a mandatory charity given by Muslims every year to purify their wealth and establish a loving community.

## Zakat Eligible

ICNA Relief verifies the needs of all Zakat applicants and ensures that they receive help in a timely basis, especially during seasonal months like Ramadan. Hundreds of mosques across the country trust ICNA Relief to disperse their Zakat funds to the community members who are in great despair.



2,667

Number of Families who Received Zakat through ICNA Relief

\$1,122,239

Amount of Zakat Distributed

## Accreditation

ICNA Relief has been awarded several honors for its outstanding services.

ICNA Relief has been recognized for excellence in financial management and dedication to accountability and transparency. It has received the highest rating of four stars from Charity Navigator, the leading charity evaluator in the United States.

ICNA Relief meets the Better Business Bureau's Wise Giving Alliances Standards for Charity Accountability, as well as GuideStar's highest standard for transparency. ICNA Relief participates in the Combined Federal Campaign (CFC).





# Statement of Activities

## Revenue

Matching Funds,  
Grants, and Contracts **\$2,974,463**

Community Donations **\$20,185,389**

In-Kind Donations  
(Goods & Services) **\$20,135,091**

**Total Revenue** **\$43,294,943**

## Expenses

Programs  
(Cash + In-kind) **\$38,498,845**

Fundraising **\$1,385,302**

Administrative costs **\$1,497,911**

**Total Expenses** **\$41,382,058**

About 93% of what was raised in 2022 was given back to the community. Less than 7% went to overhead costs.



30.27%

Hunger Prevention



21.43%

Muslim Family  
Services/ Refugee  
Services



14.70%

Transitional  
Housing



9.93%

Back2School



4.31%

Disaster Relief  
Services



19.37%

Health Services

# Ways to Give



**Volunteer**

When you volunteer your time with ICNA Relief, you help us build stronger, healthier communities, and add meaning to the lives of your friends and neighbors. You are able to help those who are vulnerable and stricken with circumstances beyond their control. We are so thankful to have YOU as a part of this organization! Visit [icnarelief.org/volunteer](https://icnarelief.org/volunteer) for more information.

**Pro tip! Your employer organization might pay for your volunteer hours.**

*All you have to do is Ask!*



**Donate**

An easy way to double or even triple your valuable contribution is through corporate matching programs. Many corporations match employee donations to ICNA Relief. Visit [icnarelief.org/matching-funds](https://icnarelief.org/matching-funds) to learn more, and go the extra mile by inquiring if your company offers these programs!



**In-Kind**

A truck, a space, a fridge, or unused items. All of these things can be used by our offices or given to those in need.

Make a tax-deductible donation to give the nation's most vulnerable families the nutrition, security, and medical care they so desperately need. Give your gift at [icnarelief.org/donate](https://icnarelief.org/donate).

**Crypto, Stocks, & Pecuniary Legacy**



**Matching Funds**

If you are interested in partnering with ICNARelief, or if you or your organization would like to sponsor one of our programs, please contact us at [office@icnarelief.org](mailto:office@icnarelief.org).

**Sponsorships**



**amazon**smile  
You shop. Amazon gives.

When you use Amazon Smile with ICNA Relief USA, the Amazon Smile Foundation will donate 0.5% of the purchase price of eligible products to ICNA Relief USA.

Although this seems small, sharing our posts means that more people know what we do! So others can give even when you can not!

**Sharing on Social Media**





**ICNARelief**



Donate online at [icnarelief.org](http://icnarelief.org)

**Please make your check payable to:**

ICNA Relief USA, 1529 Jericho Turnpike,  
New Hyde Park, NY 11040