



ICNARelief

2020

IMPACT REPORT

**A year out of the ordinary
made extraordinary
by people like you.**

Charity begins at home.
Charity begins with you.

**"The most
beloved people
to Allah are those
who are most
beneficial to the
people."**

**PROPHET
MUHAMMAD**



(SOURCE: AL-MU'JAM AL-AWSAT)



1.7 M

People Fed



5.5K

*Individuals Served
through Health Services*



26K

*Backpacks Given
to Children in Need*



1,291+

Health Fairs & COVID Tests

**YOU DID
THIS IN
2020**



417

Cities Served



7K+

*Individuals Assisted by
Disaster Response Team*

**YOU
SERVED
1.8 M
PEOPLE**



218

Women & Children Housed



5,073

Refugees Assisted



5K+

Free Counselling Sessions



5,534

*Individuals Aided
Through Mobile Clinics*

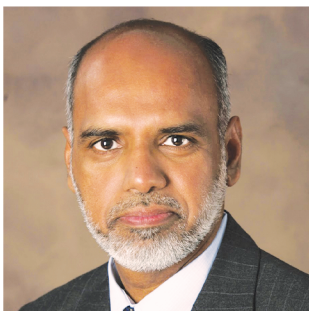
A MESSAGE FROM OUR EXECUTIVES

All praise belongs to Allah, who has given you and us the opportunity and privilege to change lives. 2020 has been an incredibly tumultuous year for all of us globally, marked overwhelmingly by the COVID-19 pandemic, and we have all in one way or another been heavily impacted by the strife that has befallen our communities. It is therefore an even more unique privilege and blessing to be able to give and to receive help in light of these challenges.

When you donate to ICNA Relief, you are helping to establish a Muslim American institution that our future generations can depend on, InshAllah. Presently, ICNA Relief is one of the largest Muslim American charities providing social services in the country. More specifically, ICNA Relief has been nationally recognized for our efforts amidst the COVID-19 pandemic, and all this was possible because of donors and volunteers like yourself, seeking to serve humanity and better the lives of neighbors. Your trust in us has allowed us to build and operate a national network of transitional homes, health services, food pantries, and other services through dozens of chapters across the country, and we would like to sincerely thank you for your support.

This year, ICNA Relief has facilitated large-scale production of face masks for community members in need as well as for healthcare workers at a time when there was a nationwide shortage of PPE. We have also been directly involved in efforts to address the nationwide food shortage caused by the pandemic. Specifically, the food shortage hit the arid drylands of Arizona the hardest, where the Navajo nation, who became an epicenter of the disease as the number of cases increased, are located. ICNA Relief created accessible food pantries and delivered food boxes to these tribes, and also fundraised extensively to gather essential food items and water supplies. ICNA Relief also combatted the deluge of misinformation that coincided with the spread of the virus by producing informational pamphlets in multiple languages as well as deploying a telemedicine line so that individuals may speak with a nurse or doctor to see if their symptoms entail an ER visit or if they may be indicative of a seasonal cold.

ICNA Relief could not have been able to do this work without the help of our treasured volunteers – 7,779 volunteers joined ICNA Relief in our efforts to alleviate the troubles of the great American community and put in about 38,895 hours into doing so. ICNA Relief helps you fulfill your religious obligations of giving Zakat/Sadaqa locally by acting as a crucial resource against poverty for hundreds and thousands of people. Fellow Americans all over the country know that there is a Muslim presence ready to help when there is a need. 2020 was by no means a simple year for all of us worldwide. But, Alhamdulillah, in the spirit of care and generosity, a spirit which we emulate from the example of the Prophet Muhammad (SAW), ICNA Relief is confident that together we are able to keep bonds of community and service strong despite such difficult times.



Dr. Shahid Mansoor
Chairman of the Board



Maqsood Ahmad
CEO



Abdul Rauf Khan
COO

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*We have services
across the nation and hope
to become America's
top-choice domestic charity.*

Give your Islamicly mandated charity, locally.

ZAKAT

HUNGER PREVENTION



Hunger is an issue plaguing nearly 50 million Americans who are not able to put food on the table for themselves and their families. Driven by the Islamic injunction to feed the poor, ICNA Relief strives to fight hunger through a network of Hunger Prevention programs designed to meet this pressing need in our communities. The COVID-19 pandemic surged the demand for food due to increased unemployment rates and data shows that millions of people are newly experiencing food insecurity.

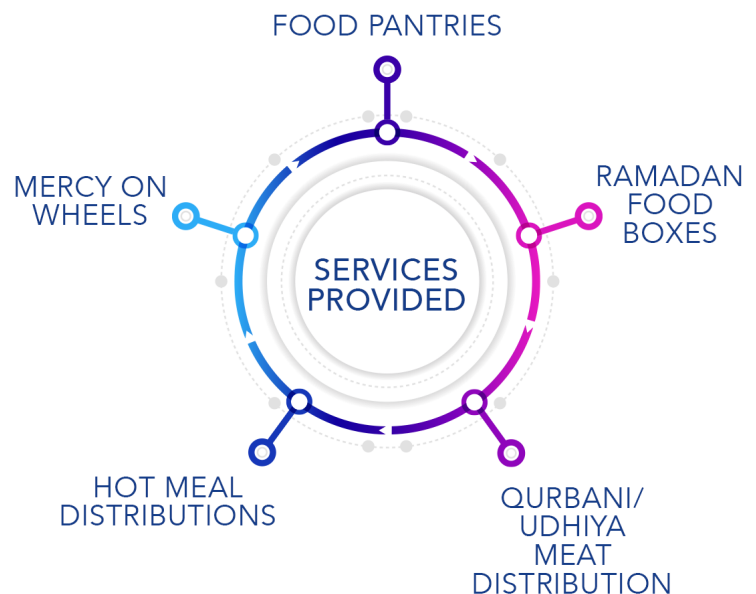
With the advent of COVID-19 pandemic, the whole dynamics of relief operations changed totally. The Hunger Prevention department took the lead and kept all the 45 food pantries and 9 Mobile food pantries across the nation super active. Our food pantries rolled out the drive through food distribution model exercising utmost precaution and maintaining social distance.

Senior citizens and single mothers with children are considered to be the most vulnerable part of our society. ICNA Relief launched a nation-wide campaign of “Door Step Delivery” in 417 cities across 27 states distributing 186,340 food boxes steering 10,145 volunteers. Food worth \$17.4 million was disbursed among the lower income and refugee families. ICNA Relief received food donations from thousands of local community members. They also participated in USDA’s Farm2Family program to receive hundreds of pallets of food, which helped deliver food in all the nooks and corners of cities where help was sought from.

The work of ICNA Relief continued during lockdown with the help of determined volunteers and even traveled through the arid drylands of Arizona to the various Native American tribes who live there. COVID-19 has caused an enormous amount of food shortages across food banks in Arizona. This is an even more dire problem across the “food desert” areas of the Arizona Native American population, especially the Navajo Nation. As the virus spread, the Navajo Nation became the epicenter of the disease as the number of cases increased. State and city officials appreciated our noble work by participating in our food distributions, The Vice Mayor of Arizona, Lauren Kuby, has been an avid supporter of ICNA Relief’s initiatives in the local communities, even making her own Facebook fundraisers to help with gas for transportation and hygiene items Council women Carolyn King Arnold and Ana Maria Ramos from Dallas wrote appreciation letters as ICNA Relief distributed food to their constituency members.

“He is not a believer whose stomach is full while the neighbor to his side goes hungry.”

PROPHET MUHAMMAD



Zahid Hussain
Director of Hunger Prevention



DOORSTEP DELIVERIES


The high-risk communities could not flock to the department stores to buy groceries with their minimal savings. ICNA Relief food pantries across the nation got to work, offering contact-less doorstep deliveries. Clients simply called to request a box and volunteers drove near and far to ensure they were looked after.




46 
*pantries across
the nation*

\$13M+
*value of the food
distributed*

Each Box Contained: Basmati Rice, Flour, Sugar, Oil, Pasta, Cereal, Milk, Eggs, Meat & Toiletries




\$0.8M+
*value of hot meals
distributed*



10,145
*amazing
volunteers*

6.5M+
lbs of food given

186,340
food boxes through
**FARMERS
to FAMILIES** 

we did drop-offs and drive throughs



Despite the challenges, our health clinics have stepped up during the pandemic:

1) Providing testing in underserved communities, and further increase testing capacity, by creating temporary testing sites, testing in parking lots, and deploying mobile testing units

2) Rapidly pivoting to telehealth was key despite technological and cultural barriers for some patients. Which were overcome by education and using phone calls as well in certain situations

3) In Charleston SC we continued with in person visits as needed with proper precautions especially for our prenatal patients and those in need to see in person

3) Meeting patients “where they are” by taking medical care outside the clinic – while also addressing non-medical needs like food insecurity both by partnering with local organizations and businesses to distribute food

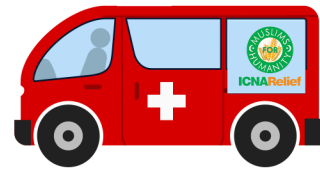
4) Organizing Flu campaigns and national webinars for community education

5) Patients also had the ability to pick up meds through our on site dispensary. Patients were also being followed up for refills, and provided lab slips electronically for lab evaluation.

6) Increased PPE and disinfectants and stations are created to keep hand hygiene easily available for patients and staff



Dr. Reshma Khan
Director of Health Services



MOBILE HEALTH CLINICS

Deployed our mobile health vans to provide much needed health care and vaccinations to community in Louisiana after Hurricane Laura and in Puerto Rico after the Earthquakes.

102

health fairs were organized, through which we provided free health screenings, COVID-19 awareness & flu shots.

4

mobile vans

7

blood drives through mobile clinic

5,534

individuals served through the mobile van



2,903

telehealth sessions



1,174

flu vaccines administered



1,189

COVID-19 testing provided throughout the nation



65 BABIES

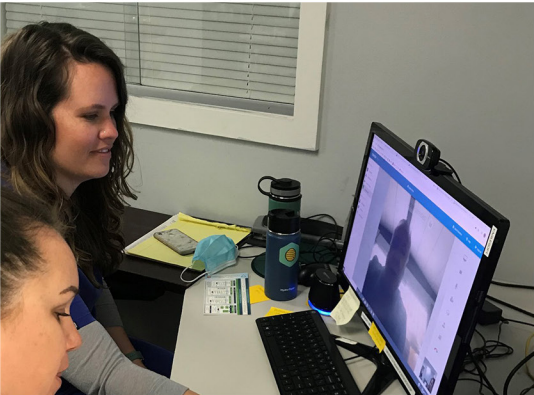
born this year, after free prenatal care from the Charleston, SC Shifa Clinic

\$5.1 MILLION

total cost of the services done for free

6,550

total medical visits



HEALTH SERVICES





DISASTER RESPONSE SERVICES



Early Thursday morning, on August 26th, Hurricane Laura touched down on the border of southwestern Louisiana and left behind in its path sixteen fatalities and massive destruction as it moved along. Entire neighborhoods were submerged in water, Lake Charles Regional Airport withstood extensive damage, homes on either side of Gauthier Road were littered with debris consisting of scattered roofs and other large portions of buildings and homes, and large swathes of Louisiana and parts of Texas and Arkansas remained without power.

Hospital wings were completely destroyed, patients were evacuated across state lines, and equipment, conditioning units, and natal care have been compromised by lack of sterilization and high levels of condensation and humidity.

ICNA Relief's Disaster Response Services (DRS) Teams were dispatched from multiple states in order to assist in and provide Hurricane Laura relief efforts, bringing with them coveted supplies and aid to Louisiana community members who were currently without electricity, food and running water. Their efforts were met with resounding gratitude, with one community member expressing how the sight of the ICNA Relief truck "brought tears to [her] eyes," continuing then to say that "I have never been prouder to be a Muslim in the US. Thank you for all the relief efforts you are giving to our community after this disaster."

The work of the DRS team is complemented by the other programs operated by ICNA Relief. When disasters strike the full scope of ICNA Relief resources is marshalled to help meet the needs of the impacted communities. The work is done within the framework established by local and federal authorities. The goal is to help build and maintain prepared, informed and resilient communities.

Prior to Hurricane Laura, ICNA Relief's DRS teams were already involved with Project Comeback, a recovery and relief program

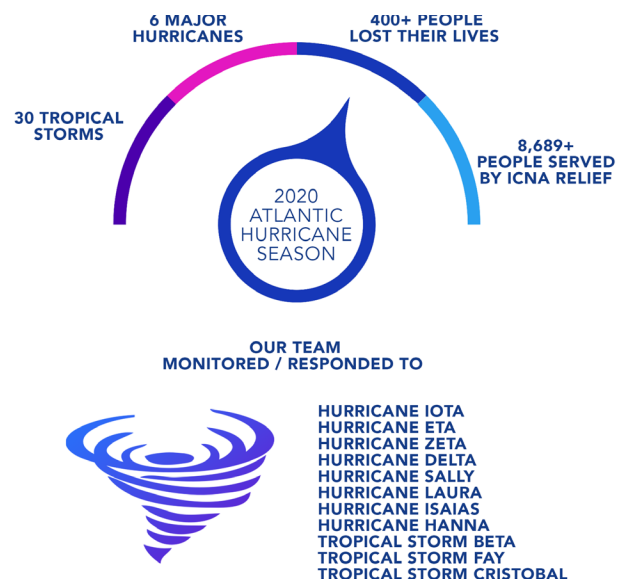
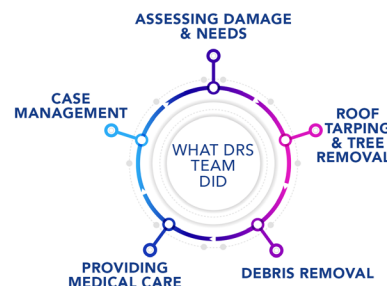
initiated in response to the damages wrought by Hurricane Harvey 3 years ago. In addition to enlisting volunteers and partaking in cleanup and rebuilding efforts such as removing damaged items and doing demolition work, the team was also devoted to creating and running workshops focused on response efforts and preparation.

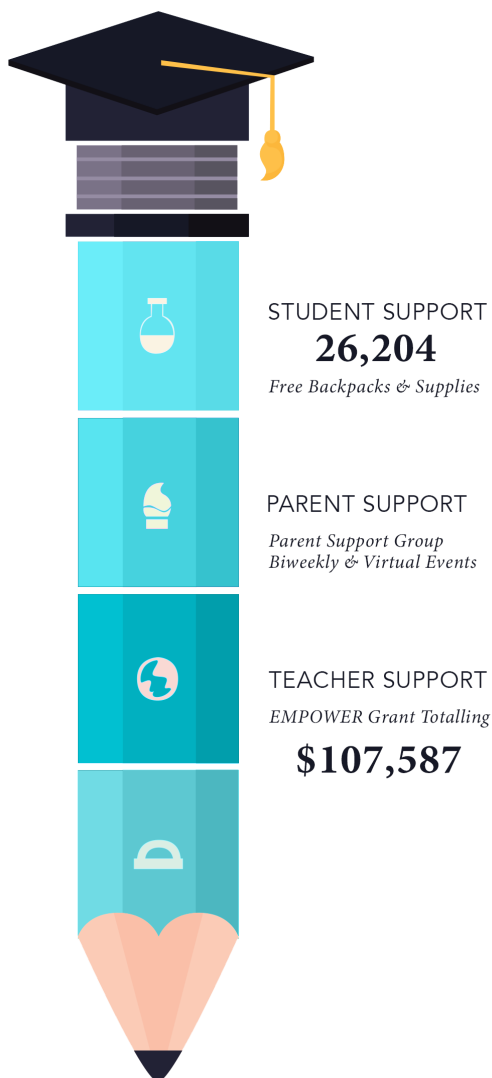
As part of this consortium known as the Texas Disaster Case Management Program (DCMP) grant, and with another grant (American Red Cross) awarded to ICNA Relief DRS, the team set up two different offices in Houston with 35-40 employees. The case workers focused on 33 counties which were included in a federal disaster declaration, and worked to connect resources and keep up with the recovery and rebuilding efforts for those affected by Hurricane Harvey. Unfortunately, it was the midst of this long-term relief efforts that the pandemic worsened back in the spring, leading to FEMA announcing that all workers must begin to work from home. This negatively impacted the work of the case workers, as they could no longer perform their regular check-in routines and rebuilding efforts could no longer continue.

Upon seeing the vast number of individuals affected by the pandemic, DRS took it upon themselves to expand their services to include the COVID-impacted to their Hurricane Harvey cases. Given the number of people affected by job loss due to the pandemic, the teams rallied together efforts to assist with rent and worked together with other programs to provide food supplies, assistance to seniors and those with disabilities. In total, they were able to rehabilitate 34 homes and overall continue to perform professionally and proficiently.



Imam Rafiq Mahdi
*Director of Disaster
Relief Services*





Dr. Saima Azfar
Director of Back2School

The COVID-19 pandemic has affected every walk of life and every facet of life, including how schools and classes are organized globally. While the beginning of the pandemic has seen classrooms going virtual, the last several months have seen school administrations, teachers, parents, and students working tirelessly to ensure safety in classrooms for in-person learning. A variety of learning modules have been introduced or reworked to engage students and promote effective teaching by educators for the upcoming school year: in-person, blended, and completely remote.

Backpacks and Supplies Distribution

ICNA Relief’s Back2School Program gives free backpacks and supplies to children in need, particularly those from underserved communities and the refugee population. This year, ICNA Relief held drive-through distributions, so families came in cars to pick up goods. The goal is to ensure an academic year’s normalcy and give the excitement a new school year with new supplies.

Biweekly Support Groups and Virtual Events for Caregivers

This year, the focus was not only on the children but also the guardians and teachers. For parents, ICNA Relief held a bi-weekly support group. David Zverow and Dr. Saima Azfar led this by giving a listening ear for parents needing time to talk through their frustrations about remote learning. It was also a time to reflect and think about the positive changes that remote learning opportunities bring for families. With some schools opening their premises, others completely virtual, parents and guardians are navigating difficult situations both mentally and physically. We wanted to give them assurance, ease, and safe spaces.

EMPOWER Grant and “A Diary of a Virtual Teacher”

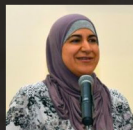
Schools, and caregivers, are also encouraged to mitigate the dangers of excessive screen time and fatigue caused by learning amidst a global pandemic by encouraging activities that take one away from the screen, including crafts and exercises. This was recommended by a teacher during an ICNA Relief Webinar, “A Diary of a Virtual Teacher.” The webinar’s goal was to bring awareness to the struggles teachers were experiencing and how parents can be supportive, engaged, and best navigate remote learning. Teachers did a fantastic job with the pandemic by going virtual and above and beyond to help their students learn. ICNA Relief wanted to give back to teachers and thus created EMPOWER (Educating Minds and Presenting Opportunities While Endowing Resources), a grant to assist teachers in their new roles as virtual educators. The applications were reviewed by esteemed members of the education community: Altaf Hussain, Naeem Baig, Habeeb Quadri, Azam Nizamuddin, and Leila Shatara. ICNA Relief awarded 58 grants across the nation and hope that we can do the same in 2021.

This school year presented many challenges to ensuring our students are engaging in beneficial and effective learning and students, teachers, and administrators are kept safe and healthy. Fortunately, there is a myriad of options caregivers and schools have to customize their learning experiences. Above all, the most important thing we can all take away from this time is the support we can lend to one another, and ICNA Relief is also here for any parents, teachers, or students.



EMPOWER GRANT

EDUCATING MINDS AND PRESENTING OPPORTUNITIES WHILE ENDOWING RESOURCES



A student's success can be traced directly to the state of their teachers. ICNA Relief has created the EMPOWER grant to empower teachers so they have the means to form a legacy of great students both in the classroom and virtually.

A group of amazing panelists reviewed over 112 applications for the EMPOWER grant.

Panelists: Altaf Hussain, Naeem Baig, Habeeb Quadri, Azam Nizamuddin & Leila Shatara!



58

TEACHERS AWARDED
~ \$2,000 EACH



170
PARTNERS



27 140
STATES CITIES

715
VOLUNTEERS



Hajar's Hope

Hajar is one of the most important figures within Islamic history and tradition, not only because of the roles she possesses as a freed black Egyptian slave, the wife of Ibrahim AS, and the mother of Ismail AS, but also because of the legacy of hope she cemented for her descendants with every step she took. Hajar is the embodiment of hope, among other incredibly admirable qualities, and her being the namesake of one of ICNA Relief's newest transitional homes this year, in spite of the pandemic, is reflective both of the strength of the clients that ICNA Relief caters to as well as the transitional housing program itself.

Prior to the start of quarantine, ICNA Relief's transitional housing program was dedicating the new year to continuing to develop, promote, and establish culturally sensitive programming as well as continuing to provide safe and holistic healing through what they call their "houses of healing." Such goals included plans to expand the housing program as well as standardizing policies and procedures nationally.

But, as all aspects of life has been this year, the pandemic threw a wrench in those plans. While overall the core focus of their planning was unaffected, the transitional housing program had to close their homes and shelters very early on. Occupancy within the homes themselves also changed, with clients being moved to their own individual rooms within the home. Since reopening, the homes have continued to operate with limited capacity, and zero cases of COVID-19 across the board.

However, limited capacity is also indicative of lower numbers of clients participating in the transitional housing program. With the reopened homes, the intake process now included a negative COVID-19 test; however, some people never responded after learning of the new requirement. Sr. Malika McDonald, head of the ICNA Relief transitional housing program, believes that the low numbers are not reflective of the strength of the program but instead of the overall pandemic, and expects that with the sus-

pension of eviction moratoriums there may be an influx of new intakes.

The strength of the program cannot be better encapsulated by the opening of Hajar's Hope in Maryland. Alongside the new transitional home in Seattle, Washington and the new domestic violence shelter in San Diego, California, Hajar's Hope is a new transitional house that was once a shelter under the ownership of an organization with the same name. In its transferring over to ICNA Relief, Hajar's Hope began its long process of renovation and transformation into a standard ICNA Relief home.

What is key about any home under the ICNA Relief transitional housing program is its character, defined by the relationship between the interior design and client relationships with the space. Each of the homes are all well-furnished and artfully decorated to reify what it means to be a "house of healing" for its inhabitants. This is done through strong donor and community relationships, something is evident through the primary role donors had in the furnishing and decorating of Hajar's Hope. It is also done through the clients' comfort in the spaces they occupy and with the relationships they have with each other and, most significantly, with the housing manager and ICNA Relief's transitional housing team overall. In this way, every home under the program is not just homes for those living in them - they are also affectionately referred to as "our homes" by donors and community members alike, signifying their personal investment in the success of each home and its care.

Hajar's Hope opened in September, after months of work and delays to the joy of community members, donors, and local politicians and leaders, and, despite the sustained impacts of the current pandemic, continues to be an entity of hope and strength for its residents and the community in which it is located. As such, like all the homes and shelters that were erected before it and will come after it, Hajar's Hope lives up to its namesake's strength and her legacy of unshakeable hope in Allah.



Malika MacDonald

Director of Transitional Housing

ICNA Relief's transitional homes have proven to be bastions of inspiration for those who seek its services, with stories of past clients going to find permanent housing and sustainable employment for themselves and their family members after transitioning out, as well continuing to be involved with the overall efforts of ICNA Relief through volunteering and even employment even after their stay in the homes. It is the hope of ICNA Relief that such care and connections are maintained and built upon in spite of the pandemic and its lasting effects, and that those who come across the programs and services walk away feeling at home, too.



WHAT IS THE DIFFERENCE?

HOMELESS SHELTER

- short term stay (often with daily charges)
- sometimes unsafe for women & children
- no additional support
- often non-sanitary and no up-keep

TRANSITIONAL HOME

- temporary but longer duration (~ 3-6 mo)
- extremely safe and protected
- offers counseling to address trauma
- holistic support (classes, job search, resume building)
- aiming toward self-sufficiency
- designed for a 'home' feel
- culturally competent



TRANSITIONAL HOUSING



218

individuals served through transitional housing

3

new homes established to provide care in Baltimore, Seattle, and San Diego

76

children given beds to sleep

What 2020 Meant for Mental Health

ICNA Relief's MFS does not just stand for "Muslim Family Services" — on an operational level. MFS defines the core values and operational themes that the Muslim Family Services department strives to embody in every single aspect of their work: mental, financial, and social wellness. This year, all three of those aspects of our daily lives have been affected by the pandemic and, as such, the efforts of Muslim Family Services to further emphasize those themes became central to the work of ICNA Relief as a whole.

While ICNA Relief Health Services were actively meeting the deluge of misinformation with educational pamphlets in multiple languages and developing their National Telehealth line, the Muslim Family Services quickly attended to the growing need for a voice of comfort and guidance. This pandemic caused a surge in the need for psychosocial help; subsequently, hand in hand with telemedicine, there was large-scale development put in place for tele-therapy lines in several states.

Teletherapy allows the clients who used to come to the clinic to continue with their mental health treatment through counseling sessions over the phone. Additionally, just as the telehealth line and informational distributables, the tele-therapy line offered help in multiple languages.

Therapy through ICNA Relief was free of charge for all who utilized the services, and that stayed the same for the teletherapy services as well. In fact, as soon as the pandemic began to worsen, MFS was able to successfully move their services to an online platform immediately. Aside from the effects of the pandemic, further development of the MFS therapy services was

already a plan in action, and even with services going online MFS continued to invest in equitable resources and tools. All in all, MFS counseling services, both online and now limited in-person, remained multilingual and multi-culturally sensitive. MFS also expanded their networks and resources to not only include volunteer professionals but also to contribute to national mental health awareness and Muslim organizations as well.

The pandemic, with its lasting effects financially and socially, has also greatly exacerbated the number of people who suffer from suicidal ideations. Prior to this year, MFS would have to direct clients to other sources if they were in similar or worse situations. This year, due in part to successful development of the program as well as increased marketing of their services through related educational workshops on health and well-being and their Suicide Awareness Campaign, MFS found that their clientele with ideations went up by 2-3% — a statistic that, while heartbreaking, is overwhelmingly gratifying in the fact that it conveys that *that* many more individuals in need were able to receive the care they needed. MFS also is now able to offer care for everyone that comes their way, which includes personally calling other offices and organizations on behalf of clients should there be a service that they themselves cannot provide. Furthermore, MFS was also able to expand its clientele pool by allowing for more cushion room for what they defined an individual's income level should be in order to receive care, thereby relaxing overall the guidelines clients initially had to meet in order to qualify for services.

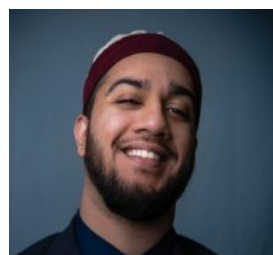
ICNA Relief MFS, also includes refugee services, specialty pantries, and the FATE (Foster Advocacy, Training and Education) program. This year, our refugee services focused on education through

various virtual ESL classes and tutoring. There was an uptake in the number of volunteer tutors due to the accessibility through zoom. The specialty pantries, which offer hygiene items like shampoo and soap, along with sanitary napkins and diapers, also saw an uptake similar to the food pantries as the pandemic caused increased unemployment.

Under MFS, the FATE program aims to aid Muslim children currently in the foster care system and revive a prophetic tradition of "kafala", adoption. Currently, FATE has 5 Muslim CASAs (Court Appointed Special Advocate) who are the voice for the child in court. The program also encourages families to go through the process of becoming foster parents and this year, Shamim, a mother who fostered a baby for the past year, was able to adopt.

Baby Hasan went through a lot of trauma during his first two months of life, and Shamim nurtured him with love and care and he is now two years old. ICNA Relief's FATE celebrated his adoption with a drive-through parade and the entire community showed their love and support.

MFS works on many fronts and giving relief to even one client is worth all the effort. In a year where many people felt loss and grief, MFS was there to listen.



Danyal Khan

Coordinator of Muslim Family Services

MUSLIM FAMILY SERVICES

\$848,550

total estimated value of counseling sessions

Recognizing the need for access, MFS held multiple webinars covering: Understanding Resiliency, Navigating through Covid-19 Anxiety, Road to Adulthood, Quarantine Blues, Helping Children with Special Needs, Last Will and Testament

11

*counseling
locations*

5,657

*counseling
sessions*

\$670,901

given in financial assistance

1,984

*families served through
financial assistance*

1,226

clients provided with case management



ONE HAPPY BABY HASAN

adopted by a loving family

6

*valuable webinars
for the public*

**FEELING
DOWN**

*Mental illnesses awareness
and how to get help*

How We Overcame

Mask Shortages: One of ICNA Relief's transitional homes in Dallas has an empowerment center, equipped with computers and sewing machines, to encourage residents to develop their skills and have a safe space for growth. Led by Reem, a Syrian refugee and fashion designer who creates stunning bridalwear for a Texas boutique, the residents of the Transitional Home who had sewing abilities, community members as well as other volunteers went store to store to find fabric and elastic needed for masks. The pandemic had caused many shortages as well as many stores to be closed due to the lockdown. The group innovated and bought high quality bed sheets, ribbon instead of elastic, and created the bended nose section with pipe cleaners from the children's craft section. Reem taught the volunteers and residents how to cut and sew the pieces together. The volunteers then announced their project on social media, thereby allowing news of their work to travel quickly. From there, they started to receive multiple calls from multiple medical offices and hospitals. A local community member also requested the masks for all the elderly neighborhood individuals who

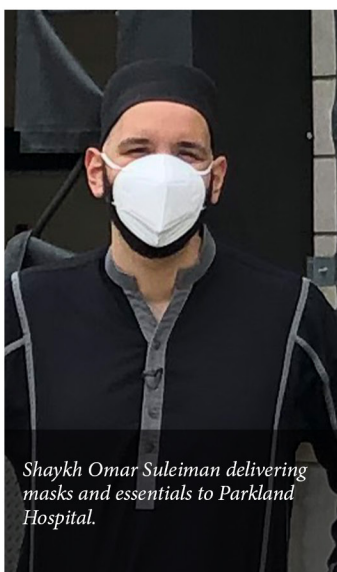
didn't have them. Congresswoman Eddie Bernice Johnson heard of the initiative and asked for masks for her office and staff as well. She even sent a beautiful thank you letter to the ICNA Relief DFW office. Shaykh Omar Suleiman helped deliver the masks to Parkland Hospital. The team was making so many masks that volunteers set off to get boards to help cut faster and more efficiency.

Tele-Services: ICNA Relief also recognized the need of being a voice of comfort and guidance in addition to being a voice of truth, and thus created the ICNA Relief National Helpline. The helpline offers help in multiple languages: Spanish, Urdu/Hindi, Arabic, and Bangla. In doing so, it enabled new immigrants, refugees, and elderly non-English speaking individuals to navigate the pandemic through inquiring about financial assistance, unemployment, and insurance. ICNA Relief also deployed a Telemedicine line, which saw a surge of use in the early days of the pandemic. As the healthcare systems were overwhelmed with hospitals at capacity, and with the added fear of contracting COVID-19 in an emergency room, many people did not know where to turn to. The ICNA Relief Telemedicine line allowed individuals to

speak with a nurse or doctor to see if their symptoms entailed a visit to the emergency room or if they were indicative of a seasonal cold. As such, it added an additional layer of awareness and community care that was necessary to deal with the pandemic. ICNA Relief also hosted several webinars by physicians involved with ICNA Relief in order to give up-to-date information about the virus, what they were seeing in the frontlines, and address the concerns or rumors spreading regarding it. This created another means by which the community at large could be reached out to and connected with on a much more general platform.

The ICNA Relief Helpline was able to help 148 clients, and the ICNA Relief telehealth services provided a value of about \$91,000 worth of services and about \$200,000 worth of counseling and educational services during this past year.

Virtual Ramadan & Banquets: ICNA Relief quickly adapted to make sure all events were virtual and remained engaging for all ages. There were early morning cartoons, late afternoon reflections, weekly workouts, and evening spiritual reminders.



Shaykh Omar Suleiman delivering masks and essentials to Parkland Hospital.



Shaykh Yaser Birjas delivering boxes of food with ICNA Relief's Hunger Prevention Program.



Drive-through toy distributions all across the nation with the help of local MSA's as part of ICNA Relief Muslim Family Services.



Team Velocipede cycling to raise money for ICNA Relief transitional homes.

ICNA Relief

FUNDRAISING TELETHON FOR COVID-19 RELIEF

Coronavirus has affected millions across the United States and ICNA Relief is helping communities throughout the U.S. with supplemental programs.

SH. YASER BIRJAS SH. MAJED MAHMOUD MUFTI KAMANI
JAWAD SIDDOUQ DR. ALTAF HUSSAIN DR. MOHSEN ANSARI

LEARN HOW CORONAVIRUS IS AFFECTING AMERICAN HOUSEHOLDS AND HOW EACH ONE OF US CAN HELP.

Saturday, April 4th, 2020
from 5-7 pm ET

TV ONE
Facebook.com/ICNARelief

ICNA Relief

TAKING THE LEAP

An Author's Journey to Creative Entrepreneurship in the Muslim World

with Omar S. Khawaja
Author of *Iyaa & Duck*

LIVE
Tuesday, May 12
2PM EST
@ Facebook.com/ICNARelief

ICNA Relief

QURBANI / UDHIYA 2020 TELETHON

KEYNOTE SPEAKERS: IMAM SIRAJ WAHAJ, SHAYKH ABDUL NASIR JANGDA, DR. MOHSEN ANSARI, DR. YASER BIRJAS, DR. ALTAF HUSSAIN, SHAYKH SHAMIKH SAHADAT

SUNDAY, JULY 19, 2020
4:00PM EST

ICNARELIEF.ORG/QURBANI

ICNA Relief

CONVERTsations: Ramadan Edition

Stories of the Ansar
Session 3: The Gracious Hosts

Speakers: Suhaila Hassan, Daniel Rehaila, Jenny Jones

THURSDAY, MAY 21st, 2020
4PM EST

Facebook.com/ICNARELIEFLive

ICNA Relief

HELPING CHILDREN WITH SPECIAL NEEDS & LEARNING DIFFICULTIES

Register at <https://bit.ly/speciallearning>

TOPICS COVERED: Recognize developmental delays and learning difficulties in early childhood, Recognize through the school system, your rights as parents, and how to advocate for your child, Provide resources for parents who are raising children with special needs and learning difficulties.

WEDNESDAY, AUGUST 26th
4:00 PM - 5:30 PM EST

Facebook.com/ICNARELIEFLive

ICNA Relief

MENTAL HEALTH MONDAY

with George Al-Hadi

WORKOUT WEDNESDAY

with George Al-Hadi

RAMADAN SELF CARE SERIES

TASTY THURSDAY

with Samira Saeed

NUTRITION THURSDAY

with Samira Saeed

ICNA Relief

STORIES FROM THE GROUND

A RAMADAN FUNDRAISER

Hear from our team on the ground as they share real life stories from clients and discuss the work they have been doing through the Covid-19 crisis that has continued well into Ramadan.

Sun, May 17
5:30 pm EST

Facebook.com/ICNARELIEF

ICNA Relief

VIRTUAL Ramadan SERIES

Intercession THE RELIEF

IMAM WISAM SHARIEFF

MONDAY	MINIMALISM
TUESDAY	TAJWEED
WEDNESDAY	WARMUPS
THURSDAY	TAFSEER
FRIDAY	FUNDAY

JOIN US EVERYDAY AT 8PM EST FOR YOUR DAILY DOSE OF RAMADAN INSPIRATION.

ICNA Relief

JUNETEENTH

EMANCIPATED OR ENSLAVED?

IMAM SHAHID GHORGI, IMAM SAIFU MAMUD, SHAYKH ALI SULEIMAN ALI, TARIQA KHALIL BINTI ALI, HANNAH SALUHI, JULY GREEN

FRIDAY, JUNE 19, 2020
4PM-6PM EST

Facebook.com/ICNARELIEFLive

ICNA Relief

DIARY of a Virtual Teacher

How did we teachers adjust to COVID-19 lockdown? What are we doing now? How can parents support in this year? Tips for parents who may also be teaching from home.

THURSDAY, AUGUST 20, 2020
5:30PM EST

Facebook.com/ICNARELIEFLive

WE WENT VIRTUAL

ICNA Relief

The Road to Adulthood

A PSYCHO EDUCATIONAL SUPPORT GROUP FOR THIRTEENTH BORN

STARTING WEDNESDAY, SEPTEMBER 2, 2020 @ 8:30PM EST

TOPICS COVERED: Understanding and managing your emotions, Understanding and managing your relationships, Understanding and managing your future, Understanding and managing your identity, Understanding and managing your values, Understanding and managing your beliefs, Understanding and managing your goals, Understanding and managing your dreams.

ICNA Relief

2ND FUNDRAISING TELETHON FOR COVID-19 RELIEF

68,269, 29,677, 122

SH. YASER BIRJAS, SH. MAJED MAHMOUD, MUFTI KAMANI, DR. MOHSEN ANSARI, DR. ALTAF HUSSAIN, SH. HANNAH

Saturday, May 2, 2020
5-7 pm ET

Facebook.com/ICNARELIEFLive

ICNA Relief

DOMESTIC VIOLENCE: A LEGAL APPROACH

Judge Olivia L. Lattimore, Attorney Rania Alwan, Esq., Attorney Shabana Ali, Esq.

FRIDAY, SEPTEMBER 18, 2020 @ 7PM EST

Facebook.com/ICNARELIEFLive

ICNA Relief

VIRTUAL VILLAGE

Feeling Overwhelmed, Anxious, or Stressed? We have a Licensed Clinical Therapist available for free counseling.

SR. ALIYAH BANISTER, Licensed Clinical Therapist

Email: albanister@icnarelief.org for a confidential counseling session via phone/computer or call 837-350-5344 to schedule an appointment.

ICNA Relief

30 bloggers AGAINST DOMESTIC VIOLENCE

HOW DO WE SUPPORT DOMESTIC VIOLENCE AWARENESS? WHERE ARE THE RESOURCES FOR HOMELESS SISTERS?

PREMIERES ON INSTAGRAM NOVEMBER 20, 2020 @ICNARELIEFUSA

icnarelief.org/homes

ICNA Relief

United We Stand Our Home, Our Responsibility

Annual Banquet

Saturday, October 3, 2020 at 8:00 pm est

Watch live with your family!

icnarelief.org/donate

ICNA Relief

Ramadan REMINDERS

MONDAY: Mufti Hussain Kamani, THURSDAY: Sh. Yasser Birjas, WEDNESDAY: Dr. Alfay Hussain, FRIDAY: Sh. Abdul Nasir Jangda

3PM EST

ICNA Relief

EDUCATIONAL WEBINAR COVID MEETS FLU

What is the difference between COVID and FLU? What are the different types of vaccines available? Q&A with physicians!

Dr. Rania Ali, Dr. Rehana Khan, Dr. Abdul Rahman, Dr. Tariq Yousif

SUNDAY OCTOBER 18
6PM-7PM EST

Facebook.com/ICNARELIEFLive

ICNA Relief

WEBINAR WEEKEND SERIES

Friday, March 20 at 7pm EST
Covid-19 Health Updates and Education
with Dr. Bilal Al-Hadi, Dr. Rehana Khan, Dr. Ameer Hassan, and Dr. Yasser Khan

Register for free at bit.ly/covid19health

Saturday, March 21 at 3pm EST
Cultivating Faith During Times of Crisis
with Dr. Bilal Al-Hadi, Dr. Rehana Khan, Dr. Ameer Hassan, and Dr. Yasser Khan

Register for free at bit.ly/cultivatingfaith

Sunday, March 22 at 3pm EST
From Crisis to Opportunity: Understanding Resiliency
with Dr. Bilal Al-Hadi, Dr. Rehana Khan, Dr. Ameer Hassan, and Dr. Yasser Khan

Register for free at bit.ly/crisistoopportunity

ICNA Relief

MENTAL HEALTH & SPIRITUALITY

IN THE LIGHT OF PRESENT TIMES

Saturday, Oct. 10: Dr. Ayesha Wazwaz, Religious Scholar, Dr. Seema Hashmi, Adult & Geriatrics Psychiatry, Saad Imani, LPC

Sunday, Oct. 11: Dr. Ayesha Wazwaz, Religious Scholar, Dr. Ali Anwar, Adolescent & Child Psychologist, Zoha Qureshi, Family & Marriage Therapist

Registration Link: forms.gle/ASRTXqgQCNRC

ICNA Relief

FAST AND FITNESS

WITH MMA CHAMPION & TRAINER ABDUL KAREEM AL-SELWADY AND DR. PHYSICIAN & INSTRUCTOR, DR. FARHAN ABDUL AZEED

WEDNESDAY, MAY 6, 2020
6:00 PM EST - ON FACEBOOK LIVE

Facebook.com/ICNARELIEF

ICNA Relief

Ibraheem (AS) Life & Legacy

FOOTSTEPS FOR THE NEXT GENERATION LECTURE SERIES FOR 2020

JULY 22 - JULY 30
8:15 PM TO 9:45 PM EST

SHAYKH SHAMIKH SAHADAT

Facebook.com/ICNARELIEFLive

ICNA Relief

ALL ABOUT ANXIETY

Oct 19 @ 6 pm EST

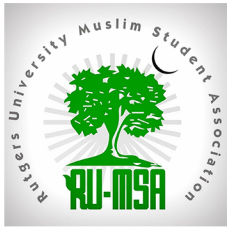
TOPICS COVERED: Recognizing Anxiety Anxiety as a symptomatic of other issues How to deal with Anxiety's Gift Card

Join ICNA Relief PA as Sr. Rabab Alima, a Marriage & Family Therapist and Life Coach, educates us about Anxiety. Life is a challenge and in times like this, we can make things a little more difficult emotionally and mentally. Let's come together and learn how to recognize and deal with anxiety. There will be a talk, an activity and a Q & A session.

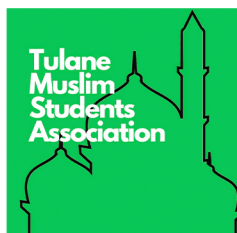
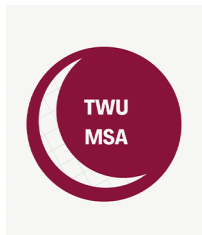
REGISTER AT: <https://bit.ly/anxiety>

BARBARA ALIMA, M.Ed., L.C.P.

Facebook.com/ICNARELIEFLive



MSA PARTNERSHIPS ACROSS THE NATION

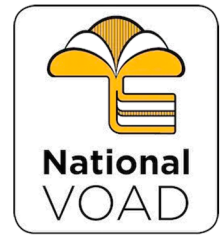




**American
Red Cross**



FEMA



UMCOR



**United States
Department of
Agriculture**



FOOD RESCUE US

**OUR PARTNERS AND
COLLABORATORS MAKE
IT POSSIBLE**



APPNA

Association of Physicians of
Pakistani Descent of North America



**Catholic
Charities
USA®**

**FEEDING®
AMERICA**



KEMCAANA

King Edward Medical College
Alumni Association of North America

I'm a student of ICNA Relief, alhumdulillah. ICNA Relief is my heart and soul, ICNA Relief contributed to making me who I am today as a person. I owe this organization so much...

— Shaykh Omar Suleiman



The only reason we can exist with some sense of confidence about our accountability with the people of need is because of ICNA Relief. ICNA Relief is helping us fulfill the obligation of zakat.

— Ustaaadh AbdelRahman Murphy

COMMUNITY REFLECTIONS



I see that this organization is indeed interested in feeding the hungry, in helping the poor, in finding space for widows and orphans to live, in doing what our religion requires us to do.

— Shaykh Yasir Qadhi

I've been with ICNA Relief for a long time now and especially during this pandemic, they've been reaching out to a lot of people [...] even areas we don't pay attention to like the uninsured people.

24 — Shaykh Yaser Birjas





VOLUNTEERS:

THE VISIONARES, THE CHANGE MAKERS



give your
ZAKAT
LOCALLY - THE SUNNAH WAY

ZAKAT

Zakat is a mandatory charity given by Muslims every year to purify their wealth and establish a loving community.

\$676K+

Zakat Distributed

ICNA Relief verifies the needs of all Zakat applicants and ensures that they receive help on a timely basis, especially during seasonal months like Ramadan. Hundreds of mosques across the country trust ICNA Relief to disburse their Zakat funds to the community members who are in great despair.

1,984

*Families
Recieved
Zakat*

"The alms are only for the poor and the needy, and those who collect them, and those whose hearts are to be reconciled, and to free the captives and the debtors, and for the cause of Allah, and (for) the wayfarers; a duty imposed by Allah. Allah is knower, Wise."

Quran 9:60



ACCREDITATION

ICNA Relief has been awarded several honors for its outstanding services.

Receiving the highest rating of four stars from Charity Navigator, the leading charity evaluator in the United States, ICNA Relief has been recognized for excellence in financial management and dedication to accountability and transparency.

ICNA Relief meets the Better Business Bureau's Wise Giving Alliance's Standards for Charity Accountability, as well as GuideStar's highest standards of transparency. ICNA Relief is also a participating charity in the Combined Federal Campaign (CFC).

BOARD OF DIRECTORS

Dr. Tahir Ansari, New York

Haider Imam, Texas

Maazul M. Siddiqui, New York

Maaz M Hassan, Texas

Inayat Razzaq, California

Durre Shahwar Aziz, Texas

Sumaira Afzal, Massachusetts

Hashim Badat, Texas

Abdul Latif Azom, Michigan

Amin Jibril, Michigan

Junaid Ahmed, Illinois

Uzma Ahmed, Texas

Mohammad Arif, New York



Our New York Office receiving recognition from country legislature.



Our South California Office receiving recognition from Congress.



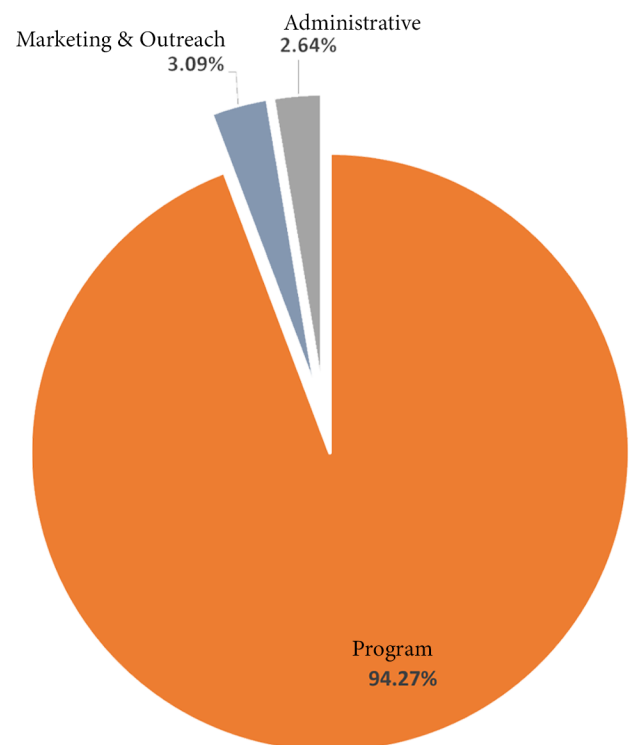
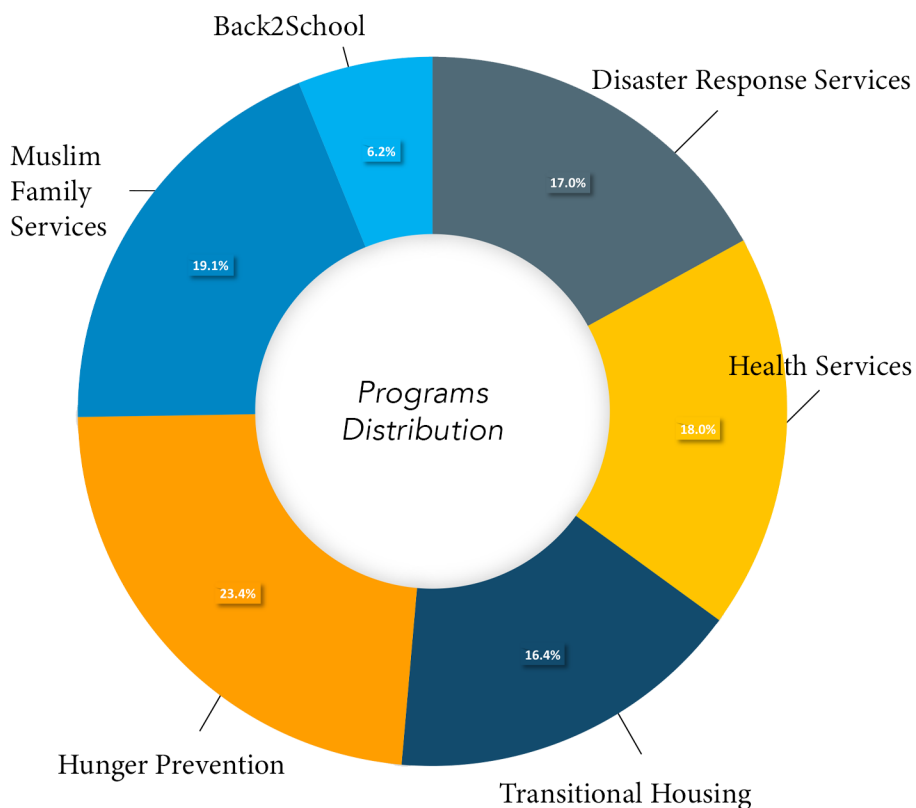
STATEMENT OF ACTIVITIES

Revenue

Community Donations	14,593,355
Wills & Restricted Funds	3,751,972
Matching Funds/Foundation Grants	2,454,518
Contractual Services (Disaster Case Management)	1,724,747
In-Kinds Donations (Goods & Services)	23,291,025
Total Receipt	45,815,617

Expenses

Programs	36,114,455
Marketing & Outreach	1,185,263
Administrative	1,010,516
Total Expenses	38,310,234



Disclaimer: These are unaudited numbers for 2020. Audited financial reports and IRS 990 until 2019 can be found at icnarelief.org/financials

WAYS TO GIVE



VOLUNTEER

When you volunteer your time with ICNA Relief, you help us to build stronger, healthier communities, and add meaning to the lives of your friends and neighbors. You are able to help those who are vulnerable and stricken with circumstances beyond their control. We are so thankful to have YOU as a part of this organization! Visit icnarelief.org/volunteer for more information about opportunities to show your faith in action!

Your organization might donate \$ for your volunteer hours!



DONATE

A truck, a space, a fridge, or unused items. All of these things can be used by our offices or given to those in need.

IN-KIND

All individuals deserve to live safe and healthy lives. Make a tax-deductible donation today and give the Nation's most vulnerable families the nutrition, security, and medical care they so desperately need. Give your gift at icnarelief.org/donate

An easy way to double, or even triple, your valuable contribution is through corporate matching programs. Many corporations match employee donations to ICNA Relief. Visit icnarelief.org/matching-funds to learn more, and go the extra mile by inquiring if your company offers these programs!



MATCHING FUNDS

If you are interested in partnering with ICNA Relief, or if you or your organization would like to sponsor one of our programs, please contact us at office@icnarelief.org.

SPONSORSHIPS



amazonsmile
You shop. Amazon gives.

When you use AmazonSmile with ICNA Relief USA, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to ICNA Relief USA.

SHARING ON SOCIAL MEDIA

Although this seems small, sharing our things means more people know! So others can give even when you can't!

IMPACT REPORT 2020



During the horrors of the COVID-19 Pandemic

**For 1.8 Million People in America
ICNA Relief was the light at the end of the tunnel**

1529 Jericho Turnpike, New Hyde Park, NY 11040
Ph: (866) 354-0102 | (718) 658-7028
Fax: (718) 658-3434
Case Managers: (718) 658-7028 x 110
National Helpline: (844) 412-9809
Donations: (866) 354-0102



Visit us online: icnarelief.org
Follow us on social media:

 /icnarelief  @icnareliefusa  /icnarelief

Nonprofit organization 501 (c)(3), Tax ID# 04-3810161